

Gardinal 1994

CARDINAL 1994



State University of New York College at Plattsburgh

CONTE

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ATHLETICS I 78

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WINTER

FINE ARTS

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ATHLETICS II

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T. LATIMORE

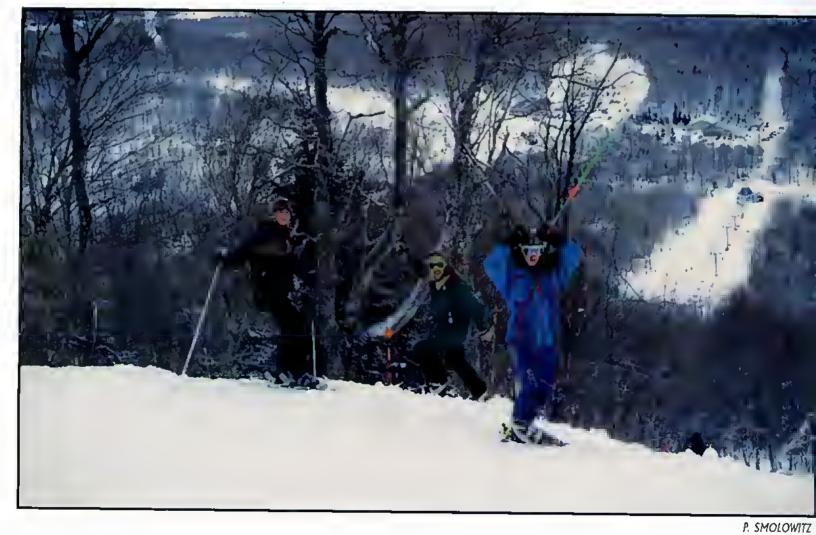


C. MARCHITELLI





T. LATIMORE





T. LATIMORE



ALL PHOTOS BY J. LACHANSK





ALL PHOTOS BY A. IANNELLO





C. MARCHITELLI



A. IANNELLO



ALL PHOTOS BY J. LACHA



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EVENTS

J ACADEMIC

ATHLETIC:

J GREEKS

K

35

Romance In Plattsburgh!

Romance is something a lot of us experience at some point in our college career. Maybe you found the love of a lifetime or are just "Strangers in the night, exchanging glances..."

Perhaps if you can't see the romantic side to Plattsburgh State, the problem is that today's society has the notion that romance is only champagne and strawberries or a candlelight dinner and roses. Romance has to be reinvented and thought of more broadly to apply to our college lives.

Romance could be meeting someone downtown and having him or her call you the next day to ask you to dinner or to

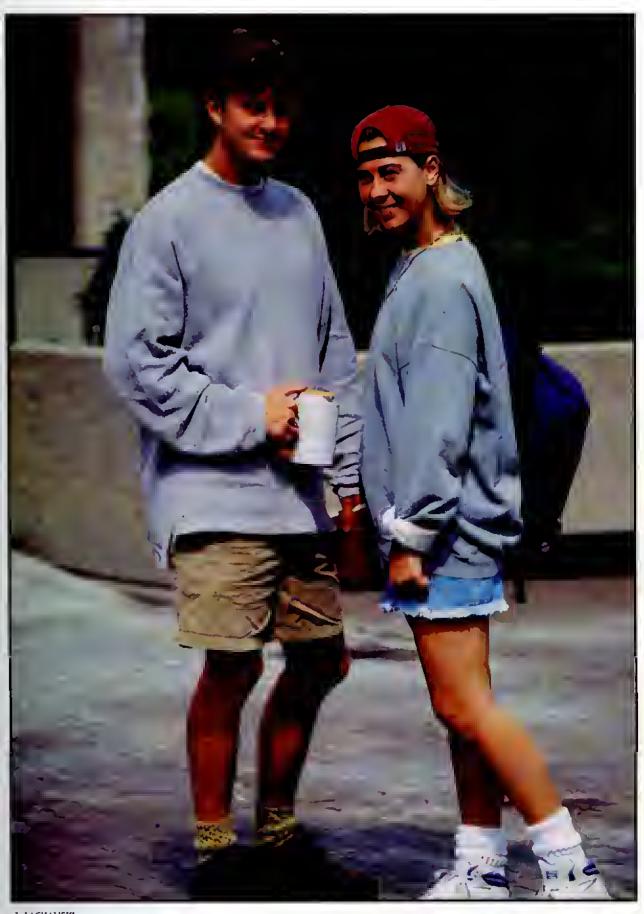
a movie. What about going to a banquet? It could be someone treating you to a meal by voucher at the Point. Maybe it is sharing a cab ride or a walk home on a cold winter night. It could be spending a quiet Saturday night at home with a significant other. How about watching a television show and living vicariously

through the TV world? Or maybe it is just hearing a song that sparks old memories.

Romance does not necessarily mean having a boyfriend or girlfriend. It's a state of mind which we all possess, whether it is for only a moment, for hours or forever. Romance does exist at SUNY Plattsburgh.



T. LATIMORE

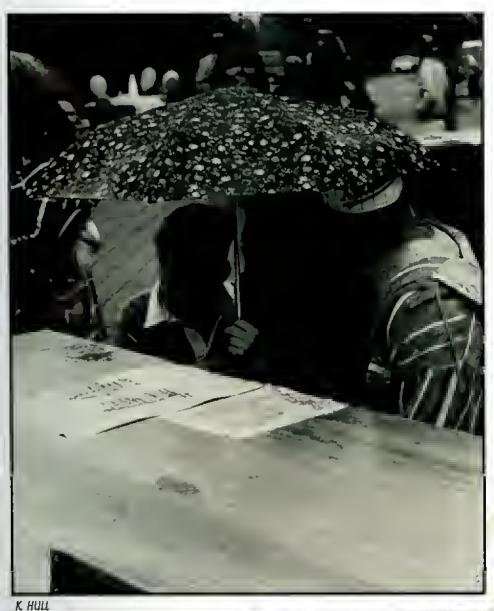


J. LACHANSKI

Campus Carnival



K. HULL



Although the weather was less than perfect, the turnout for the Plattsburgh State Campus Carnival couldn't have been better. As damp sponges flew through the air, spinning toward their human targets, and rubber balls were aimed for buttons meant to send daring friends plunging into dunking-booth water, the laughter of friends, family and students could be heard echoing throughout Amity Plaza.

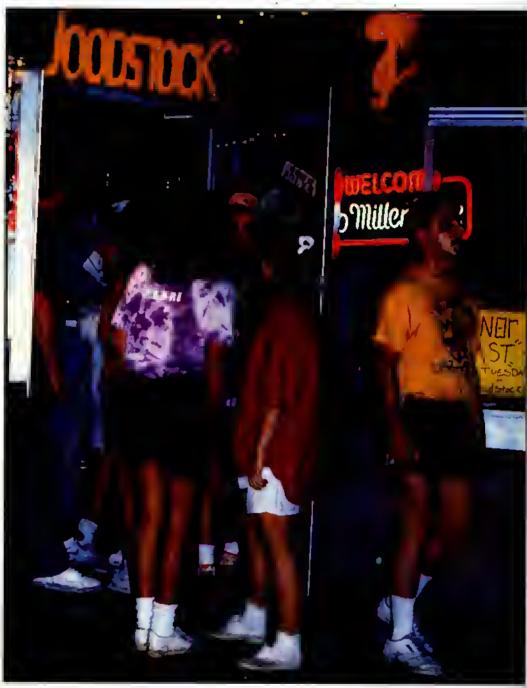
Other events including musical chairs, can-crushing and balloon-popping kept the crowd's minds focused on the festivities, and off of the chilly autumn rain. -Cherie Snyder



M. GILLESPIE

Downtown... Ahhh, someday we will all think back to the good old days when we were young and had to beg people for a fake I.D. or a good chalk-job. Remember being nervous as you walked toward the door, hoping you would not be rejected in front of the long line? How many times did you say,"I can't wait to be 21."?

Yes, this is a trip down barhopper's lane. How often did you say you were only running down for one beer and then unexplainably wake up with a headache the next morning? It could have been that you stopped into Monopole's for a \$1.50 pitcher, then moved upstairs to Finnans for a Molson as you listened to the band, and crossed the street to Peabody's and ended up dancing the night away! Maybe you had to stop at Chi Booms for a couple of Rolling Rocks or Fillions for a few Bionic Beavers, You saw too many friends who were willing to buy you a drink or maybe your lustperson was in the vicinity. Then you had to chat with the hot dog man or stop in at Pizza Bono . Before you began the journey home



you felt obligated to ask where the after-hours were.

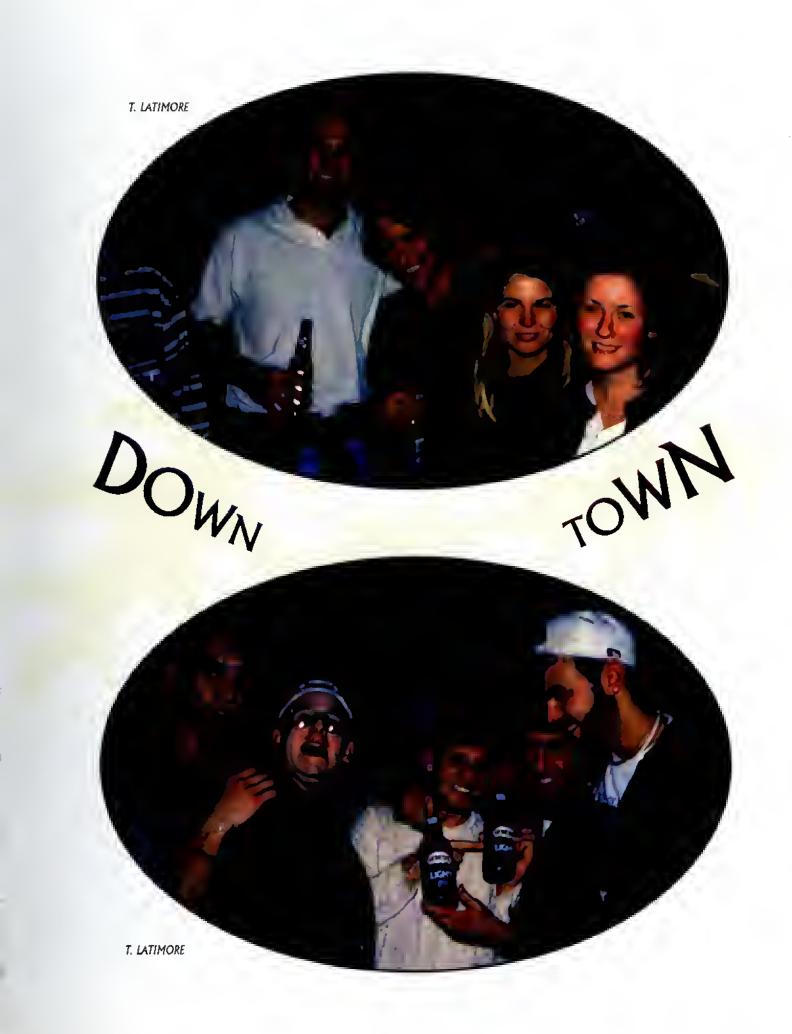
Of course we can't forget the bars which have come and gone. We would get "royalized" at the Royal, do the "human wave" at Woodstocks and dance and do other things we will not mention at Mother's. The most recent departure from the Plattsburgh downtown

scene is Brother's. Is it really closed this time? We will miss bathrooms with no doors and dancing on tables.

Where else could you go and have such a good time all within a couple of blocks? The headache was probably a small price to pay for the adventures and experiences you had.

- Amy Witko

C. FORD



1993 SOUL ASSASSINS U.S. TOUR "GET ASSASSINATED"





ALL PHOTOS BY T. LOIGHRAN





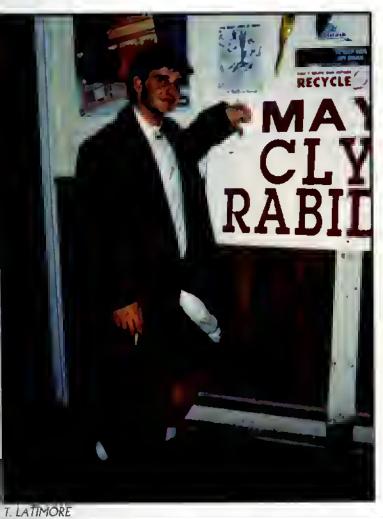


T. LATIMORE

HALLOWEEN



T. LATIMORE





T. LATIMORE

STUDY ABROAD

You say you want to travel? Then the study abroad fair held on Thursday September 30th was the place to start. The fair was designed to capture the interests of students with a wanderlust and to answer their questions at the same time.

Why study abroad? Where can you go? Who can go? Most importantly, how much is it going to cost Mom and Dad? The answers to these questions are closer than you think - the Center for International Studies on Court Street, to be exact. When students who have returned from study abroad programs were asked why students should study abroad. the unanimous answer was for the experience you gain and the friends you make. You may never have another chance to travel across Europe on a train or to stay in a youth hostel, so why not do it for credit? The experience is something that will never be forgotten.

The SUNY system offers over 250 different programs in over 40 countries. SUNY Plattsburgh has exchanges with Argentina, Canada, Chile, and the United Kingdom. If you decide to go, begin the process early since visas and passports take time to obtain.

Almost all students are eligible to participate, but be warned. Most of the



programs require a 2.5 minimum GPA and some require the knowledge of a foreign language.

The cost of studying abroad is less than you may think, since students only have to pay SUNY tuition and program fees. Financial aid does apply. Some advice for students about to embark on this journey: don't forget to bring enough clothes. Europe does not have any dryers, or so I've been told.

-Beth Goodell



C. MARCHETELLI

HOMECOMING

Homecoming 1993 was the weekend of all weekends. It all started on Wednesday, October 13 on the field behind Memorial Hall. King Christian Carmody and Queen Laurie McDonnell were coronated by the comedian who performed at the bonfire. On Friday night the Homecoming Committee put on a spectacular fireworks show. It was a clear night and students, as well as Plattsburgh residents, came out to see the explosive event.

This year's theme was "Comics and Cartoons". All dorms and organizations stuffed chicken wire and worked all of Friday night on preparing the floats for the parade on Saturday.

Glorious sunshine and unseasonably warm temperatures made for a day filled with a festive atmosphere in which to enjoy all the weekend events. Hundreds lined the streets where the parade made its way through the city of Plattsburgh. It started at the Field House and ended behind Memorial Hall. Plattsburgh State's cheerleaders and kickline performed before the winners of the float competition were

announced. First place went to Alpha Chi Rho and Sigma Delta Tau who teamed up to create "Aladdin". Taking second place was Macomb Hall and Adirondack Hall's version of "The Cat in the Hat". There was a tie for third between Hood Hall's "Great Pumpkin" and Alpha Delta Theta, Alpha Phi Gamma, and Nu Theta Gamma's "Peter Pan."

This year, the Plattsburgh State Class of 1943 had their Golden Anninversary Reunion. Forty members of the class returned to their almamater. They enjoyed a reception in their honor

hosted by interim President and Mrs. Walter vom Saal at the president's home on Friday evening. The class members also celebrated during their reunion luncheon on Saturday at the Valcour Conference Center. The members were honored during the annual banquet that evening.

Homecoming 1993 was sponsored by the Student Association and the Alumni Association. The Homecoming Committee, headed by Holly Davis and members of the ACB, also played a big part in making the weekend one that will be remembered for years to come. -Karen DeWitt



A. IANNELLO



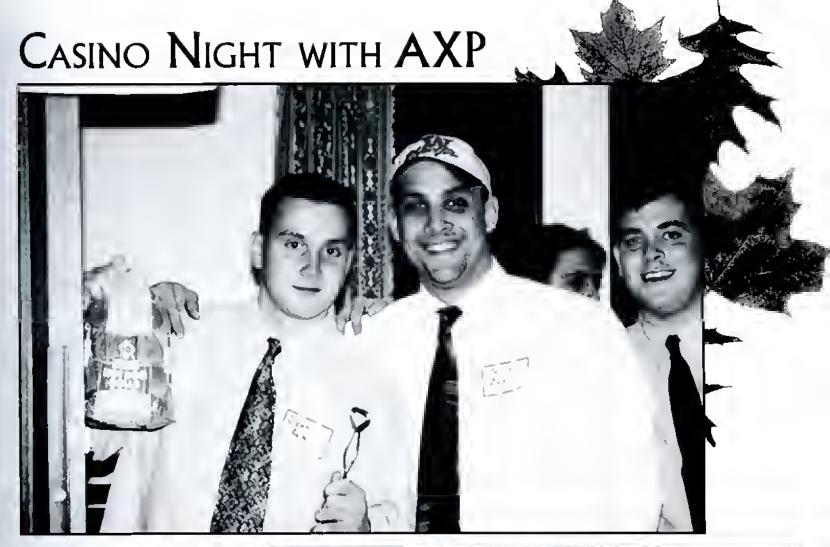
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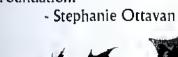
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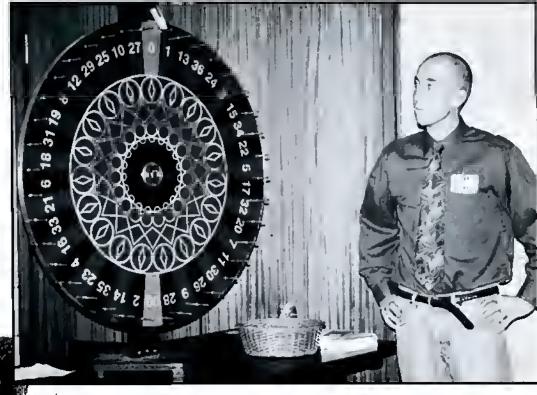


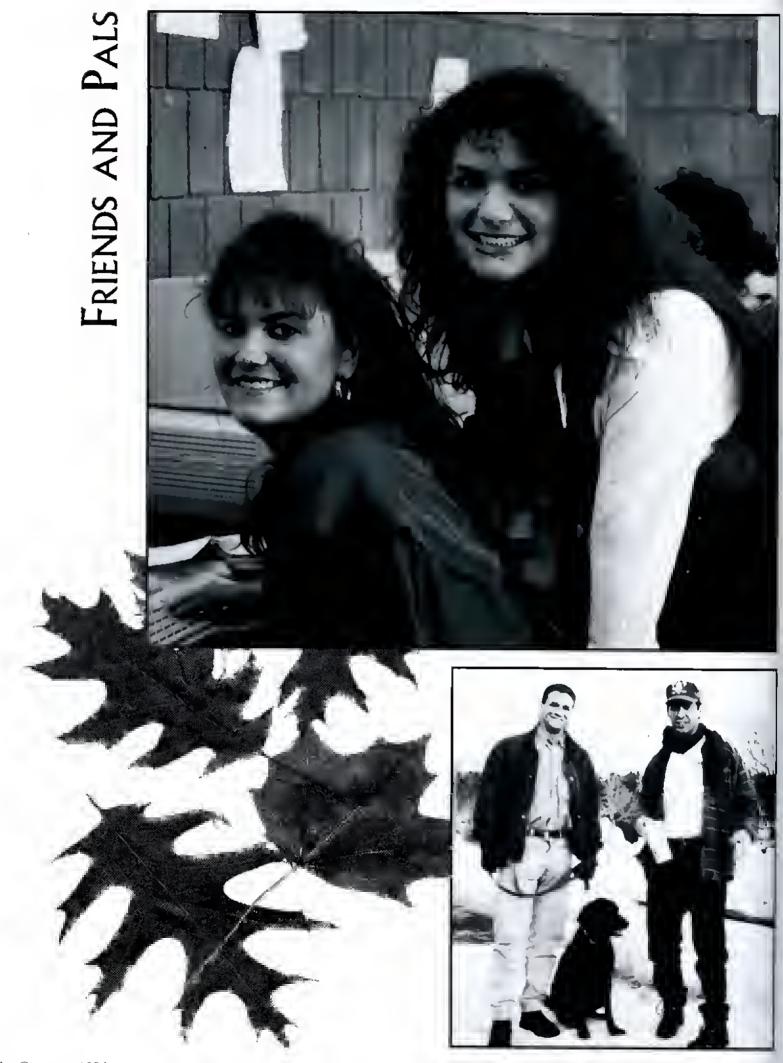
On the evening of Thursday, February 17, from 5 to 9:30, Plattsburgh State gamblers came out for the "Casino Night," sponsored by Alpha Chi Rho at the Newman Center.

Admission was only \$1, and betters had their choice of putting money down on any of the three wheels or the three card tables set up. Most highrollers were laying down their chips on either the blackjack or poker tables.

The event was licensed by New York State, and all proceeds went to the Plattsburgh D.A.R.E. Foundation.











The Great Fabulous Outdoors



























Life in the '90s - Being Aware of HIV and AIDS









ACADEMIC

Learning Center Tutors

The Learning Center, located on the first floor of the Feinberg Library, provides students with many services such as the writing walk-in, study groups, computer services and most importantly, tutoring.

Approximately 100 students are employed by SUNY Plattsburgh's Learning Center. Each tutor can work up to 12 hours a week. but most work five hours per week.

Tutors cover a variety of courses including math, speech and hearing, foreign languages, science, anthropology, history, psychology, accounting, nursing, economics, English and writing.

Students who want to be tutored must first make an appointment. The tutee must come to the session with prepared questions or "an idea to work on," said tutor lennifer Thomas. "We are not there to proofread their work," added Thomas.

Writing walk-in, a

service whose tutors are available from 3-8 PM from Monday to Thursday, and from 6-8 PM on Sundays, does not require appointments.

Writing walk-in tutors are available to help students with writing problems on papers in any course.

Writing problems such as thesis statements, coherence and grammar are addressed by the tutors. "We are not there to write a student's paper for them,"

said Cherie Snyder, a writing walk-in tutor. "The papers are the student's responsibility. The tutors are there to provide them with ways to develop their writing skills."

Tutoring at the Learning Center is free for all SUNY Plattsburgh students. The Learning Center is open from 10 AM to 8 PM every day.

- Stephanie Ottavan







INTERNS

Internships. The word evokes different reactions in college students embarking on their first foray into the "real" working world. While some students face their internships with apprehension, others are ready to face the working world head-on, and to show prospective employers that today's college students are smart, dependable, and capable of taking on the work that their four years of college have prepared them for. SUNY Plattsburgh offers internships at dozens of companies and businesses throughout the North Country and New York State. Whether students work for the Press Republican, the Plattsburgh City Police, the Champlain Centers, Adirondack Life or at area high schools, PSUC is sure to offer internships in your major. Not only do these internships







Professors

Shakuntala Rao

When she walks into a room, you may think she's a fellow classmate. You may even think that she looks maybe a year older than you. Then you find out that she's your teacher.

Shakuntala Rao has been a teacher at SUNY Plattsburgh for a short two years, but she doesn't plan to leave us very soon. She likes her job here and enjoys teaching very much.

Before being here with us at Plattsburgh, Roa completed her Ph.D. at the University of Massachusetts. Now she is a Mass Communications teacher in the communications department.

Her classes range from the freshmen to senior level, yet she always seems to be smiling and enjoying her work. Rao says that she is glad when her students participate in class because it means that she is not being intimidating and therefore, can have a healthy class discussion.

If you walk past her mass media ethics class, you'll often see Rao sitting upon her desk, sharing in the class discussion rather than controlling it with her views. "I like hearing from my students," she says.

She's definitely in a class all by herself.

- Laura Waite





Andrea Beaderstadt

She's only been here at SUNY Plattsburgh for four years, but the English de-

partment is certainly lucky to have gotten her as a journalism teacher.

In the past, Andrea has reported for the *Detroit News* and has been a copy editor and a business editor for the Anchorage Times.
Now she's here in
Plattsburgh terrorizing her
Intro. to News Writing
students and polishing the
work of her Reporting and
News Writing or Copy

Editing and Layout students, who are getting ready to enter the journalism job market.

Andrea has been a great help to many journalism students who have been unsure of their writing abilities in the past. She always has a joke to make the day brighter and she pushes her journalism students to give her 100%.

Unlike many others in the profession of journalism, Andrea encourages young journalists to stay with it. She says, "journalism is a great career for people with varied interests, because you have a lot of autonomy and you never do the same job two days in a row. Through first hand experience, you learn more than ever what it means to be human, because you have access to so many other lives." She adds that a journalist "may never be rich, but will also never be bored."

- Laura Waite







OH CANADA!!

The two views of Canada presented by Dr. Richard Beach vary depending on which side of the boarder one calls home. Americans tend to view Canada as a country of romantic beauty and adventure, while Canadians view their home as full of political turmoil and economic controversy.

In presenting both sides of the Canadian-American coin, Beach used both serious and humorous examples of these two views. For instance, the American view of the Maritime provinces as quaint and full of rugged beauty, what he calls the Anne of Green Gables view. However, Beach points out, Canadians view these same provinces as cold, rocky, bland and full of drunks. Beach also described Quebec, Ontario, the prairie provinces and British Columbia in the same style, providing an informative but funny reflection on Canada.

- Laura Waite





RESIDENCE ASSISTANCE

Sure they write you up for being noisy or for drinking in your room, but RA's serve a much higher purpose also.

They are there to protect you from unpleasantness that could go on in the dorms if they weren't there such as vandalism, theft, and just plain drunken madness.

1 bet some of you off-campus students wish that you still had an RA sometimes huh? -uh no I think not!

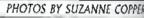
RA's aren't just picked out of a hat and students can't just go and fill out an application to become an RA.

There's training involved that many of us could never handle.

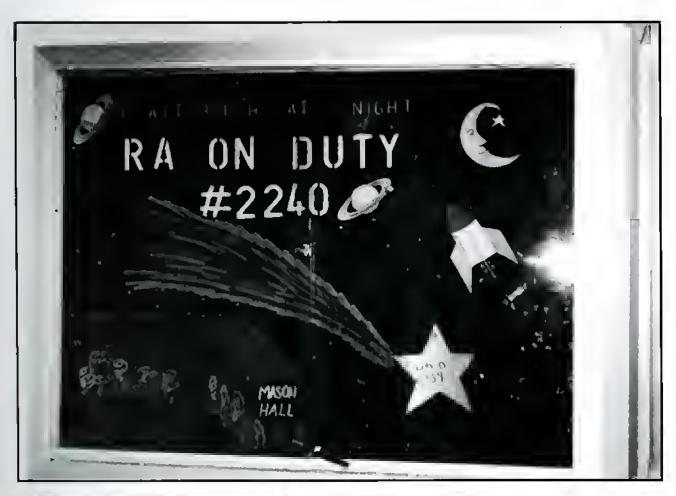
Sure it sounds ratty to write up a close friend who, as a joke, has turned on all the water in the bathroom and clogged the drains so the bathroom floods, to get the guy across the hall's room soaked; but RA's are out for the benefit of all, not just the one.

When the RA comes to the door to give you a warning about the music blasting out of the room, just know that someone else has gone or will probably be











going to complain about you, and the RA must make sure there is a peace on the floor. He/she doesn't want brawling in the lounge over a loud stereo. So give them respect and courtesy because they deserve it.

FEINBERG LIBRARY'S COMPUTER LAB







PHOTOS BY SUZANNE COPPER

You've procrastinated for long enough and it's time to write that 20 page paper that's due tomorrow. What's the first place you think of? No, not the Point or the Monopole. It's the computer lab.

How many hours would you say you spent in the computer lab this year alone? Seniors-how many hours in all?

The computer lab gives students the ability to hand in quality work with the use of many Macintosh and Zenith computers and the use of the image writers and the laser printer.

Because the school realizes that many of us are computer illiterate, they also offer the services of many computer lab aids to assist anyone having trouble.

ARE YOU STUDYING?



Don't we look like the studying type?



Yeah- we were studying, and we'll be doing it again real soon.



I have to leave my hat on to keep my brain warm while I study.





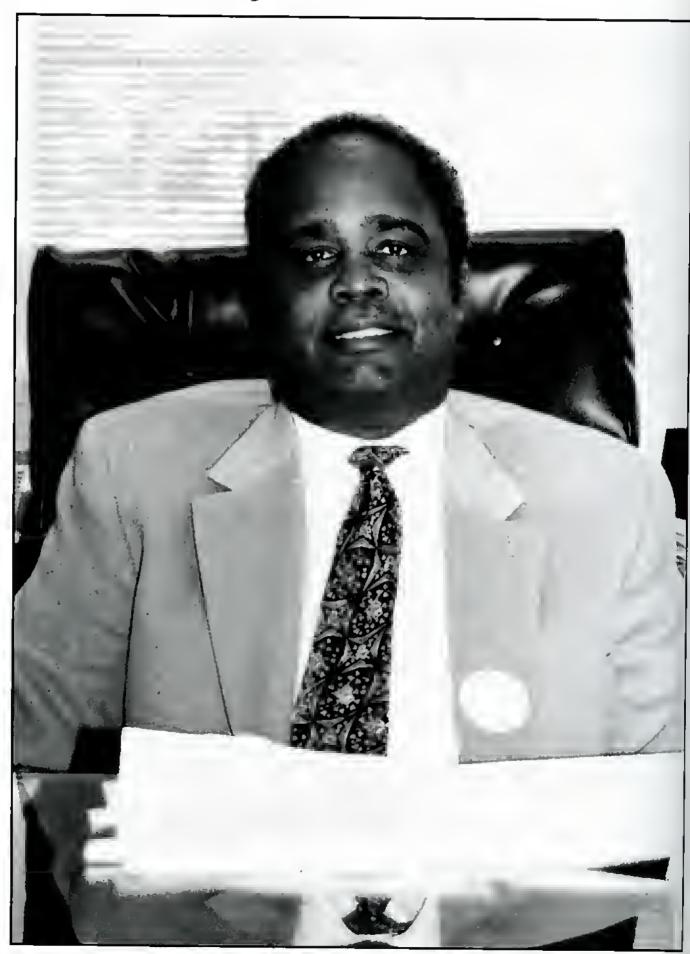


CP has the best environment for studying – until Shannon starts coming for the evenings.



We did it - we hated it - and now we are DONE!

President Horace Judson



As the ninth president of SUNY Plattsburgh, Horace Judson plans to "maintain quality programs that meet students needs," despite budget cuts and low enrollment. As provost and academic vice-president at California State University at Stanislaus, an institution similar to the size and program mix at Plattsburgh, Judson dealt with these problems before and feels he is able to find the solutions.

Judson stresses that the key to maintaining quality education for students is through proper planning of what is to be added or dropped within curricula depending on the budget. He plans every semester asking the question, "can students get the courses they need?" Judson says that through proper planning, students can get the courses they need without being closed out of them.

He also stresses that communication between students and the school's administration is very important. He believes that through open communication, students will better understand the reasons certain decisions are made by administrators. "Whether they be for or against

them, it's important to inform students of decisions, in which case, we get their feedback," says Judson.

Judson is also planning to strengthen college/ community relations. "We have to get out into the community, get people talking, get to know them and help them understand the issues and, mainly, avoid fingerpointing." Again, Judson stresses that communication is the key.

Dr. Judson's recommendation came on Friday, Nov. 5, 1993 by a unanimous vote of the college council faculty senate, faculty affairs committee and the presidential search committee. Chairman of the Plattsburgh College Council, Robert Garrow said, "speaking for the Council and, I believe, for most of the college community who have had the opportunity to meet and talk with Dr. Judson, I am convinced we have chosen the right individual to lead SUNY Plattsburgh into the 21st century."

ludson was chosen out of nearly 100 candidates from around the U.S. The list was narrowed to three finalists and of these three - we got our winner.



THE LEARNING CENTER AND

WRITING WALK-IN

The Writing Walk-in is located in the SUNY Plattsburgh Learning Center on the first floor in the Feinberg Library, and is open Monday through Thursday, 3-8 PM and Sunday from 6-8 PM or by appointment.

The Writing Walk-in not only offers free tutoring, but assists ENG 100 and 101 students with computer word processing in the writing lab as well.

Tutors in the Walk-in help students with different aspects of the writing process such as finding a topic, writing a rough draft, organizing material and revising. Any student can discuss their work with the tutors, whether they are graduate students or undergraduate students.

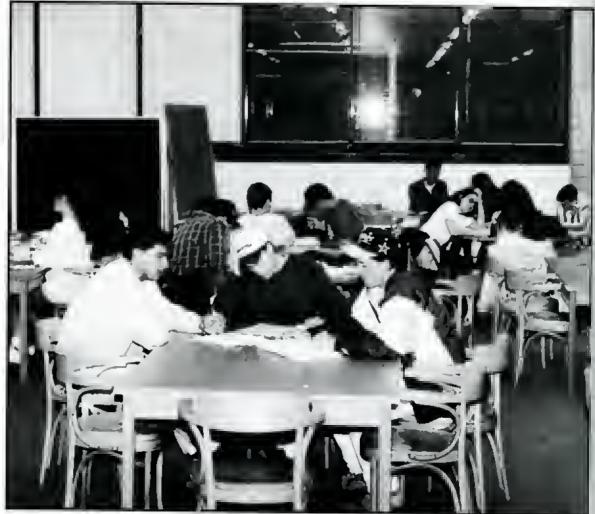
All tutors in the Writing Walk-in have completed the three-credit course "Training for Writing Tutors" (ENG 390). Instructors have recommended these tutors for their demonstrated excellence in writing courses and for their ability to help

other students.

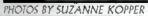
Writing walk-in tutors are not hired to criticize or intimidate students, nor are they hired to rewrite students' papers, substitute their ideas in place of the students' ideas or proofread or edit papers. The walk-in is designed to help students with grammar, sentence fragments, run-on sentences and to generate ideas pertaining to their assignments.

- Stephanie Ottavan



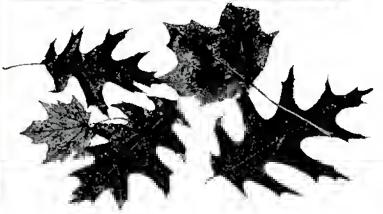












THE PHOENIX PROGRAM



The Phoenix Program has come to help many students here at SUNY Plattsburgh. Many of us can be thankful that we never had a brush with the Phoenix Program, while others can be thankful that it exists for us.

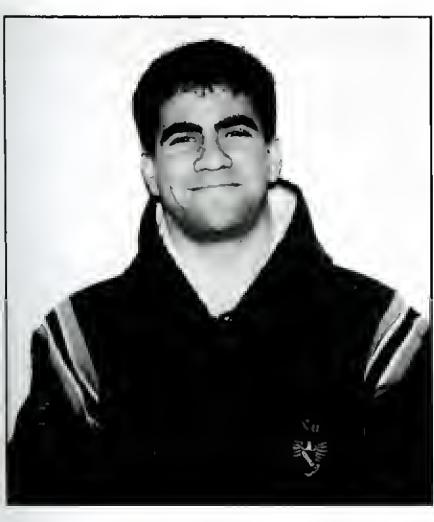
The Phoenix Program allows students whose GPAs have fallen below a 2.0 an opportunity to return to school in order to raise their GPAs.

Located on the ninth floor of deFredenberg Hall, the Phoenix Program collects those students who have fallen below school standards together and regulates their activities by having sign-in sheets for whenever they come in or leave the floor.

Not all students who have been academically

dismissed from Plattsburgh have the opportunity to come back under the Phoenix Program. Qualified candidates are decided upon by their appeal to the school.

Also, not all students who enter the Phoenix Program have a continuing successful career here at Plattsburgh. However, the ones who do are very thankful they were given the chance. There are many students who have entered the Phoenix Program and failed out the following semester. Then again, there are many students who entered the program and are now on the brink of making the Dean's List or graduating. It is this group of students we need to congratulate.



Matt Wanner entered the Phoenix Program in the Fall of 1991 with a 1.55 GPA. Through a lot of hard work, Matt raised his grades to a 2.4 the following semester and was no longer considered on the program, though he remained a part of the floor.

Matt now plans to graduate from Plattsburgh in December of '94, only one semester off from when he would have originally graduated.

Congratulations Matt!!

Two Phoenix Floor Success Stories

Bryan Flynn entered the Phoenix Program in the Fall of 1991 with a 1.96 GPA. On the Phoenix floor, Bryan worked to get his 2.0 and made it back into Plattsburgh with a 2.006.

Since this time, Bryan's grades have continued to remain above a 2.0 and he will be graduating in August of '94 with summer school credits. This proves again that with the help of the Phoenix Program, it is possible to help students achieve their goals.

Graduation caps off to you too Bryan!!

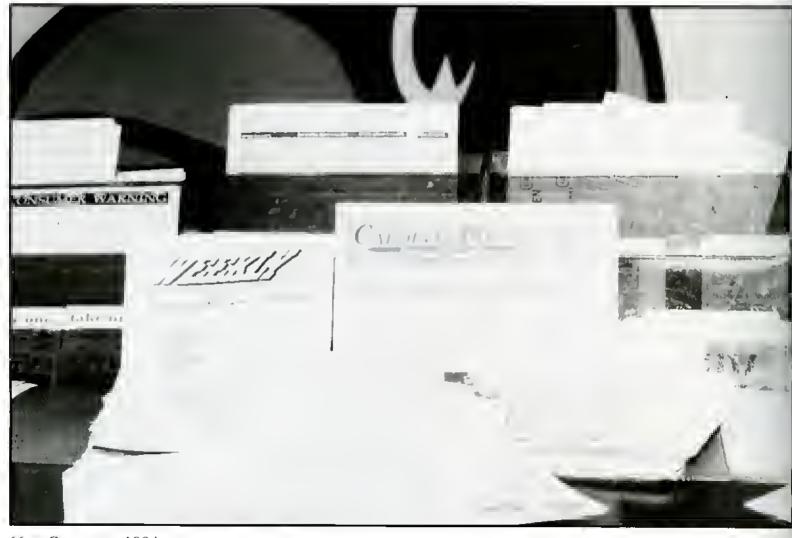


STUDENT PUBLICATIONS

All over campus we see student publications, but we never really recognize how much hard work and dedication is put into each issue.

To name just a few of the student publications, Cardinal Points, Z-Platt, Spectrum, Weekly, the Cardinal Yearbook (of course) and many other various organizational and alumni newsletters are











produced by students. How about that???

Now, did you think we were actually doing that much here at Plattsburgh or are we just sitting downtown schlepping beer?

Those wild and crazy Wednesday nights at Filions aren't usually blessed with the presence of the *Cardinal Points* staff. They are usually still sitting in the layout room until 11 or 12 (sometimes 2 or 3) working on the paper for the deadline.

Then there's us yearbook people who

struggle to get all of our individual sections laid out on one computer!

Those of us who sit in these offices working when we really don't have to shouldn't be pitied. Believe it or not, we like doing this! We enjoy pressuring ourselves to meet deadlines and going over and over articles to get them just right for you. Is that nuts or what? We're all on natural highs from it. So next time check you out a student publication, think of us.

SHOWCASE '94



"One, two, three" were the words director Marshall Onofrio used to kickoff SUNY Plattsburgh's Showcase '94 at the Jazz Ensemble in the Angell Center Blue Room on April 5th.

Classes were canceled on April 6 to enable students, faculty and community members to celebrate a "day of enrichment" at SUNY Plattsburgh. Wednesday's events started at 8 AM and ran throughout the day.

This year's Showcase featured 187 presentations, displays, symposia, seminars and performances, and covered almost every academic discipline offered at SUNY Plattsburgh. Some presentations included a feminist

psychology symposium, demonstrations on painting, photography and pottery and a discussion of the Alternative Spring Break just to name a few. Students were enthusiastically bustling around campus all day, even though it was snowing outside.

"I went to see the Forensic Union Showcase, and was having second thoughts because of the snow," said junior Heather Stewart, "but I'm psyched I went. The speakers were awesome!"

Despite the inclement weather, Showcase '94 was a success that was enjoyed by all.

- Stephanie Ottavan



PHOTOS BY SUZANNE KOPPER





PHOTOS BY SUZANNE KOPPER





SSP

The Special Services Project (SSP), located on the first floor of the Angell College Center, provides services to students who are first generation college students, low-income students, and students with disabling conditions. The services offered include academic assistance in mathematics, science, reading, writing and study skills.

SSP provides this academic assistance through teaching courses designed to enhance students' skills. Science study skills (SCI 095], basic math [MAT 099], study skills [EDR097], basic writing [ENG 100], and writing lab [ENG 090] are courses which help prepare students for college level work. They are designed to provide small sections of college courses while the student is adjusting to college life.

SSP also provides advising and counseling. Students are assisted in making choices regarding their future, such as their careers, majors and the course selection process.



Counseling allows students the opportunity to express their personal concerns in adapting to their new environment.

SSP provides a number of services to learning disabled students as well. These services include untimed test taking, taped textbooks, tutoring, time management training, preferred scheduling, academic advisement, personal counseling, career counseling and skills classes.

To qualify for SSP services, a student must meet at least one of the following requirements.

- I. Have documented proof of a learning disability
- 2. Be physically handicapped
- 3. Be a first generation college student
- 4. Be a student with a low-income who meets the income eligibility criteria.

SSP is designed to

help students succeed academically as well as personally and socially. The SSP office has a full staff of professional instructors, counselors and tutors who have developed courses and programs to help students achieve their goals and adapt to the college experience successfully.

-Stephanie Ottavan,

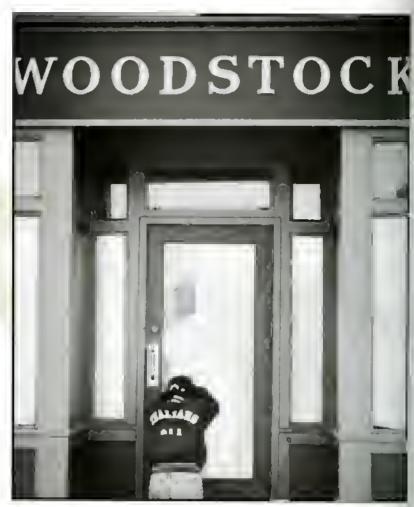




PLATTSBURGH'S TOP TEN

CRAZY THINGS TO DO BEFORE GRADUATING

- 10. Gather friends for a game of Marco Polo in Memorial pool.
- 9. Drink a beer on top of Hawkins Hall.
- 8. Drive a car down the sidewalks.
- 7. Saw down the statue in front of the Angell College Center.
- 6. Take public safety's windshield wipers.
- **5.** Ride the Zambonie at the Field House.
- 4. Have a drink at Woodstocks -Again!
- 3. Steal a Blue Room chair.
- 2. Ride a tray around the machine at Clinton Dining Hall.
- 1. See a house of students that all hold over a 3.0.









PHOTOS BY SUZANNE KOPPER

Presidential Speaker: Carl Bernstein

Is modern media in danger of becoming a pit stop to a nether world filled with nothing but seamy lies and insubstantial celebrity scandal? Apparently so, according to nationally renowned journalist Carl Bernstein, who visited SUNY Plattsburgh on behalf of the student Association Leadership Conference on Friday, Nov. 5. Bernstein, a key figure behind the "real story" of the Watergate Hotel break-in during the Nixon administration, spoke to a full house in the Warren Ballroom on the American Press and the Slow Death of Truth.

Bernstein said that journalism is in danger of "losing its way" amidst a sea of sensational stories being covered by nearly every media source worldwide.

According to Bernstein, the "most basic definition of good reporting is the ability to obtain the best possible version of truth." Bernstein said, "journalists worldwide are trading this definition in for profit-making journalism that has little to do with truth, reality or content."

Bernstein pointed to the Nixon administration's contempt for free press as the beginning of the demise of the press' credibility.

Bernstein said this contempt still exists and may be the most lasting reminder to the Nixon era. Despite these negative reminders from year's past, journalists continue to build on this contempt through poor reporting practices and inadequate coverage of important stories.

"Our reporting wasn't good



enough in the past few years and it's not good enough now."

According to Bernstein, the last 20 years of journalism have been exonerated by what he called the "triumph of idiot culture." He said that this idiot culture results in the media's high prioritizing of scandalous stories and low prioritizing of hard news stories.

"Most of our journalism is utterly without context," Bernstein said. "The press is often a source of misinformation."

He said that "journalists need to return to the reporting of information important to Gumby's welfare"

-Cherie Snyder





ATHLETICS

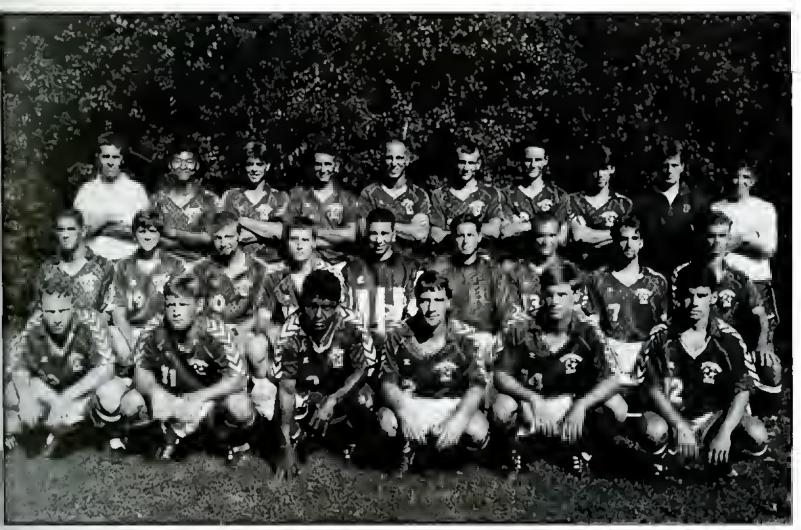
QUICK ON THEIR FEET

The Plattsburgh State men's soccer team had a successful season in 1993. Not only did they set a record for the most wins in a season (18), they also made it to the NCAA tournament in Cortland. Their loss there put an end to a 12-game winning streak as well as to their season. The team ranked second in New York State and 12th in the nation. Head coach Chris Waterbury celebrated his 100th win this season. This is pretty impressive, considering that it's only his ninth year at Plattsburgh. His current record is 102-47-19.

The past few seasons were good ones for the soccer team. Their record for the past four seasons is 67-7-10. At one point they ranked second out of 289 schools in Division III. Hopefully their success will continue in seasons to come. If they continue to receive the same support from their fans that they have in the past, it should.

-Steve Bates





B. MICHEELS



P. SMOLOWITZ







Opponent	M/A	W/L	GWG	Score
Atlegheney	N	W	Bedinotti	4 - 3
Alfred U.	A	W	King (ot)	3-2
St Rose	A	W	Bennett	5 . 0
Elmira	H	W	Bedinotti	1 - 0
Binghamton	i* H	W	Bracht (ot)	2 - 1
New Paltz	• н	W	Husselbeck	4 - 1
Oswego	* A	W	Gatherer	3 - 2
Cortland	* A	Ļ	1	0 - 2
Utica/Rome	P. H	W	Rose	6.0
Albany	Н	W	Reed	2 . 1
Fredonia	* A	W	Rose	3 - 1
Buffalo State	. A	W	Gatherer	3 - 0
Skidmore	Н	W	Bennett	2 . 0
Brockport	. н	W	Husselbeck	2 · 0
Geneseo	' H	W	Husselbeck (ot)	2 . 0
St Lawrence	A	W	Rasco	3 - 2
Jehnsen	Α	W	Goicochea	1 - 0
Potsdam	A	W	Gatherer	4 - 0
Clarkson	H	W	Koniuto	2 1
" Ctarkson	N	T(ot)	(p k.'s 10-11)	1 1



ALL PHOTOS BY P. SMOLOWITZ

ONE STEP CLOSER

The Plattsburgh State Women's Soccer Team finished this year with their best season ever, setting team records and play-off firsts along the way. The 1993 Cardinals finished with a very impressive overall record of 14-6-2.

Head Coach Karen Wiley, a 1987 graduate of SUNY Plattsburgh has made an outstanding contribution to the women's soccer team over the past four years. Her overall record as coach of the Cardinals is 44-25-9.

The Cardinals competed in two postseason tournaments, NYSWCAA and ECAC. They defeated 6th seeded Union College 7-3 in the quarterfinals of the NYSWCAA play-offs with the help of Karin Sherman and Laura Ray each scoring two goals and one assist. In the semifinals, they defeated number two seeded St. Lawrence 2-0. Junior midfielder Siobahn McGowan and freshman forward Keri Webb helped



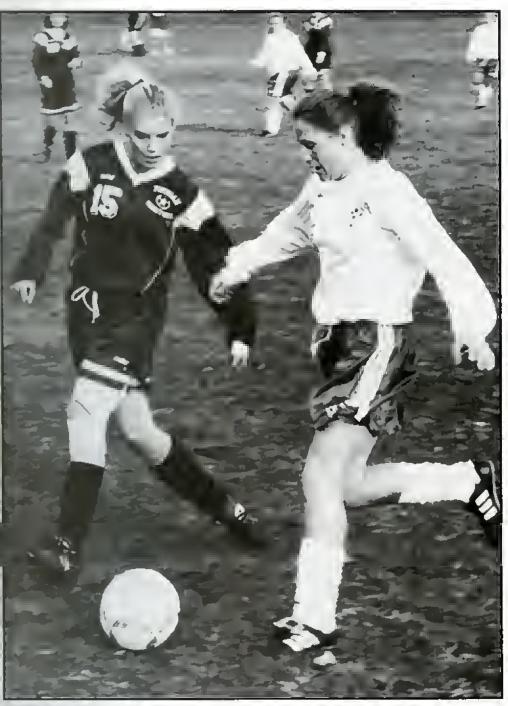
the Cardinals avenge a regular season 2-1 loss to the Saints. Junior goalkeeper Sue Kirwin made seven saves to record the shutout. It was the 12th shutout of the season, a Plattsburgh State record. They finished second overall in the NYSWCAA, losing 2-0 to Ithaca College. This marks the fourth consecutive year the Cards have participated in the state play-offs. Sherman, Ray and back Ann Chistner were named to the 1993 NYSWCAA All-Tournament Team.

The following week, the Cardinals advanced to the ECAC championship defeating Binghamton 4-2 in the penalty shootout after playing a 1-1 double overtime tie. The Cardinals lost a hard- fought battle the next day, taking number-one ranked Stockton State into overtime before losing 2-1 to finish second in the ECAC Champion-ship.

Plattsburgh State was ranked seventh out of 38 NY teams in Division 3.

PSUC also received Honorable Mention in the final ISAA National Top 20 Poll Three Cardinals made the All-SUNYAC 1st Team. Kirwin, Ray, and senior Melissa Joseph who were named to the All-SUNYAC First Team. Joseph was also named a Plattsburgh State Athlete of the Week in the regular season. Ray also won the honor of making the All-NY State Soccer Team in recognition of her outstanding play this season

The Cards are losing seniors Donna Dixon



ALL PHOTOS BY P. SMOLOWITZ

Rachael Wilcox, Ann Christner, Rene Gibbs, Amanda McDowell and Captains Melissa Joseph and Kim Lucas. However, with a large number of returning veteran players with exceptional talent, the Cardinals will look to them to continue their phenomenal success for next season.

-Karen DeWitt

Opponent	H/A	W/L	GWG	Score	1
Castleton	, A	W	Wilcox	7 - 0	Ī
Norwich	H	W	Joseph	2-0	4
Clarkson	H	W	Seal	2-0	1
Cortland	H	L		0-1	7
St Lawrence	A	L		1 - 2	1
New Pallz	Α	W	Webb	4-0	1
Skidmore	Н	W	Wilcox	1 - 0	1
Binghamlon	i A	L		1 - 2	1
Green Min	· A	W	Sherman	2-0	ï
Oneonta	Н	W	Sherman	2-0	1
SI Michael's	Н	W	Lucas	2 - 0	Ţ
Union	A	T(ot)		1 - 1	Ţ
Plymouth	A	L		0-2	ĩ
Johnson	H	W	Wilcox	6-0	1
Utica/Rome	A	W	Seal	6-0	7
Potsdam	H	W	Joseph	5-0	j
Albany	A	W	Wilcox	4-1	1
Union	H	W	Sherman	7-3	ľ
St. Lawrence	i N	. VV	McGowan	2-0	ľ
llhaca	- A	L		0 - 2	ľ
Binghamlon	: A	T(ot)	(p k's 4-2)	1 - 1	ľ
Stockton	i N	L(ot)	4.4	1 - 2	ľ
* = NYSWCAA	I				_
** = ECAC	1				







B. MICHEELS



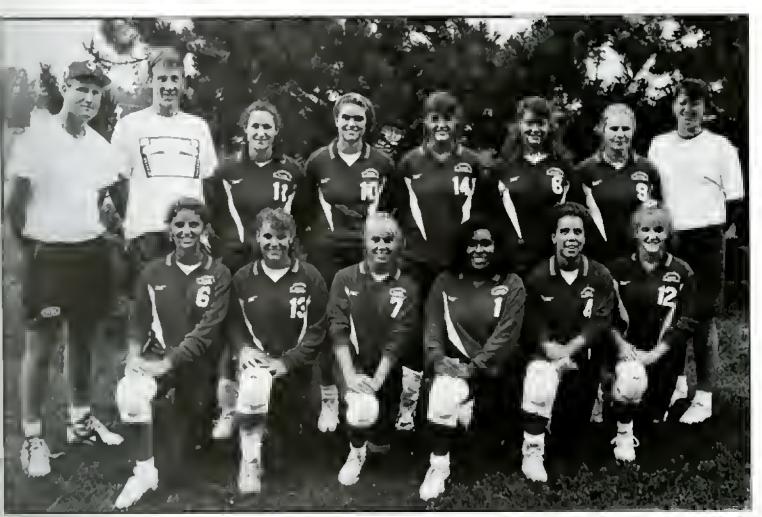
NOTHING BUT NET

The 1993 women's volleyball team, coached by Karen Ashley, finished their season with an overall record of 6-21. The Cardinals saw significant improvement in their play during the season. With a relatively young squad (no seniors, 6 juniors, and 6 underclassmen) the Cardinal volleyball team is optimistic that there will be further improvement in the 1994 season.

- Cherie Snyder



K. HULL



B. MICHEELS



1993 RESULTS Sepl 10-11 @ North Country Invilite 2-2 14 @ Green Mountain 22 ST. MICHAELS 24-25 SUNYAC (@ Cortland) 0-6 CARDINAL CLASSIC Oct 2 @ Oneonta Invile 15-16 SUNYAC (@ Polsdam) 0.5 19 @ Clarkson 2-1 @ Skidmore Invite 23 @ St. Lawrence Final 1993 Overall (6-21)

K. HULL

IMPROVE YOUR BACKHAND?

The 1993 Plattsburgh State Women's Tennis Team finished their season with an overall record of 3-4. The Cardinals' wins included those over Clarkson, Castleton, and St. Rose.

Under the direction of ninth-year coach Diana Alexander, the Cardinals showed continuous improvement over a season capped off by a strong showing at the SUNYAC Championship. The Cardinals placed fourth out of II teams at the annual SUNYAC Women's Tennis Championship. Held at the Brighton Tennis Club in Rochester N.Y., five of the six cardinals singles players advanced to the semifinals.

Freshman Nadia Kahn placed first in singles at the championship, finishing her first season with a 6-4 record. Kahn was also a Plattsburgh State Athlete of the Week this past season.

Senior Captain Ann Diehl placed second in





1993 Team Results				
Date		Oppenent	W/L	Score
Sept	7 15 18 20 22 25	CLARKSON @ Potsdam @ Russell Sage CASTLETON @ St Lawrence @ St Rose	Win Loss Loss Win Loss Win	4-5 2-5 7-2 0-9
Oct	5	POTSBAM 9 SUNYAC's 10 SUNYAC's	Loss 4th o	2-7 f 10 teams

B. MICHEELS



P. SMOLOWITZ

singles, and lead the SUNYAC semifinalists with her record of five wins and two losses.

Plattsburgh will be losing seniors Tricia
Boylston, Tammi Jupin and Captain Ann Diehl. The Cardinals look to a new and bright season in 1994 with returning veterans and incoming freshman talent.
-Karen De Witt

ELEGANT VIOLENCE







Though rain or shine or snow the lady ruggers are out defending their name. This past fall the lady ruggers were the champions of their division and went on to Upstates, to place third overall. In order to achieve this they defeated Clarkson and Potsdam. This semester they also played Cornell and Ottawa.

The spring semester was just as rewarding for the team defeating SUNY Albany, SUNY Oswego and tieing with Clarkson University, so far. Next weekend they will be playing against SUNY Potsdam.

This year the team will be saying good-bye to many graduating players and looking forward to some new faces to take their place.

-Amy lannello



ALL PHOTOS BY A. IANNELLO

This is Rugby



ALL PHOTOS BY A. IANNELLO

This year the Plattsburgh State Men's Rugby team were champions of their division and went on to the Upstate tournament in Syracuse, New York. Unfortunately for the team they lost by default. The rugger's ended in an excellent season.

For the spring season it was just the same, the rugger's worked hard and proved themselves as hard competition to new and different teams. They are losing many of the vets this year who got the Plattsburgh team where it is and they look forward to newcomers who can continue with the legacy.

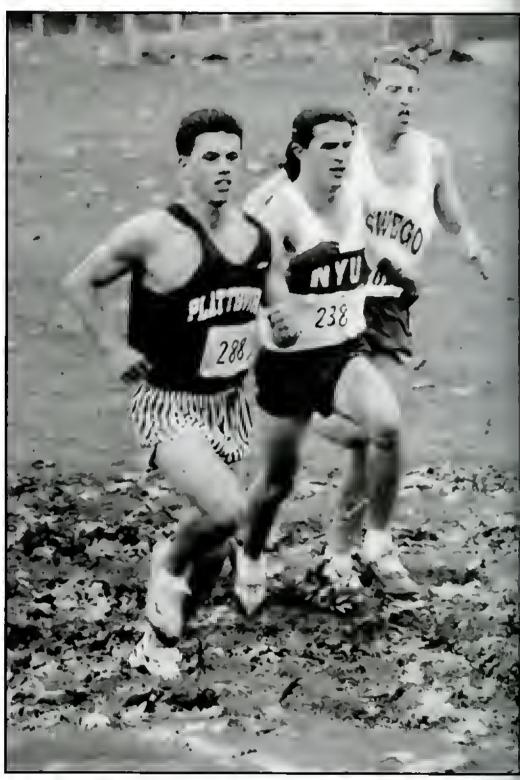




ACROSS THE MILES

For both the men's and women's cross country teams, 1993 was a year of improvement. The men's team, led by junior Tom Ouellette [53rd at the NCAA Championships] saw a very successful season finishing with a record of 112 - 32 and ranking in the top ten at the state level. The Cardinals strength was in their depth, with strong seasons from Jeremy Burt, Derek Taylor, Stephen Wefer, George Brown and Sean Ganter. With the loss of only member, the team is looking toward a more successful season in 1994.

The women, led by senior Becky Pagano (11th at the ECAC Championships) found themselves finishing their 1993 campaign with a winning record of 87 - 55, and finishing among the top ten teams at the state level. Other strong seasons were had by Anne Stevens, Jennifer Legge and Tammi Klaisle. All runners will be returning but Pagano. The 1994 women's cross country team should continue to meet coach Scott Slade's goal of improving the program every year.



ALL PHOTOS BY D. HOLLANI



B. MICHEELS



Outdoor Track

	Team Results					
9/4/93	@ Johnson State	1st of 4 teams	(3-0)			
9/18/93	CARDINAL CLASSIC	1st of 6 teams	(5-0)			
9/25/93	@ Cortland	9th of 14 teams	(5-8)			
10/2/93	@ Hunter	1st of 20 teams	(19-0)			
10/16/93	@ Fredonia (SUNYAC)	6th of 10 teams	(4-5)			
10/23/93	@ Albany	7th of 37 teams	(30-6)			
11/6/93	@ Tufts (ECAC)	5th of 35 teams	(30-4)			
11/13/93	@ NCAA Regionals	10th of 26 teams	(16-9)			

Average place --Overall Won-Loss --

5th of 19 teams

112-32

Season High Ranking -- 6th in New York State







	Team Rest	sults		
9/4/93	@ Johnson State	1st of 4 teams	(3-0)	
9/18/93	CARDINAL CLASSIC	1st of 6 teams	(5-0)	
9/25/93	@ Cortland	9th of 11 teams	(2-8)	
10/2/93	@ Hunter	2nd of 19 teams	(17-1)	
10/16/93	@ Fredonia (SUNYAC)	5th of 10 teams	(5-4)	
10/23/93	@ Albany	17th of 29 teams	(12-16)	
10/30/93	@ Oswego (NYSWCAA)	9th of 17 teams	(8-8)	
11/6/93	@ Tufts (ECAC)	13th of 35 teams	(22-12)	
11/13/93	@ NCAA Regionals	10th of 23 teams	(13-9)	
Average place	7th of 17 teams			
Overall Won-Loss	s 87·58			

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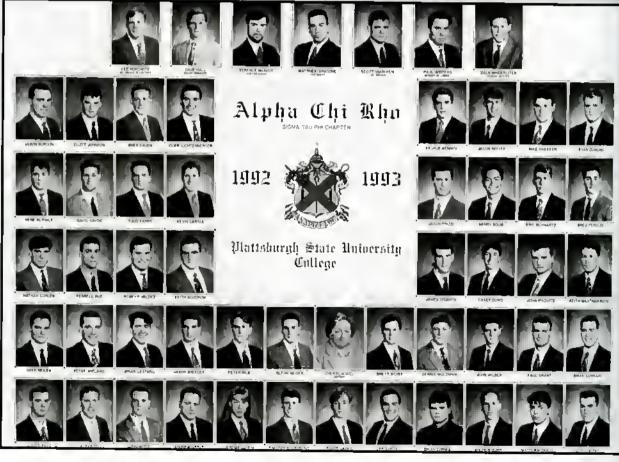
GREEKS

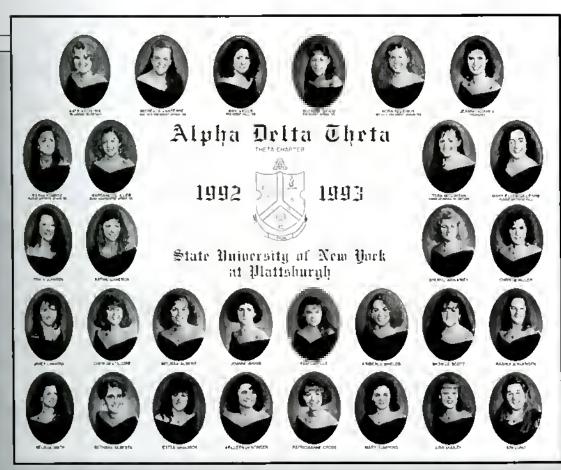
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ME. GILLESPIE

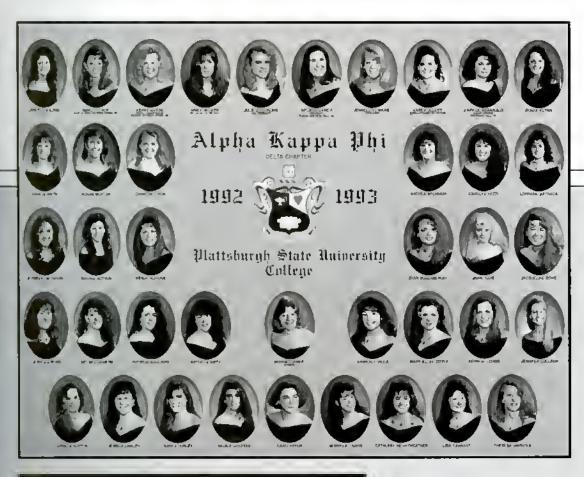


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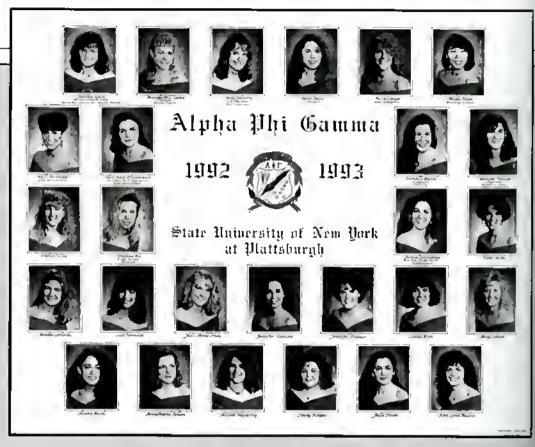




T. LATIMORE

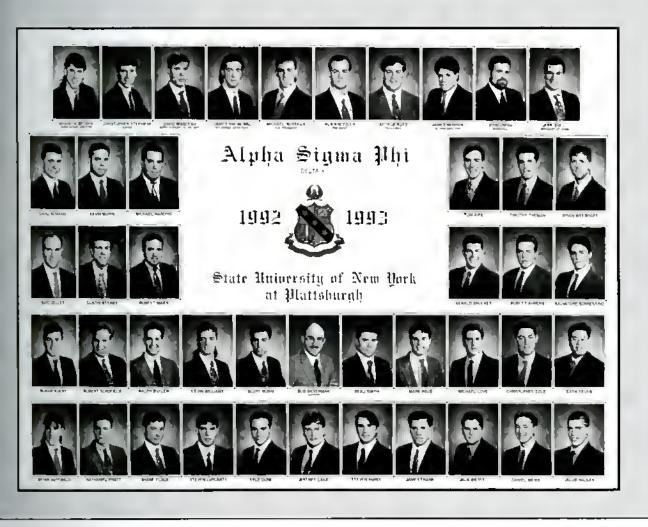
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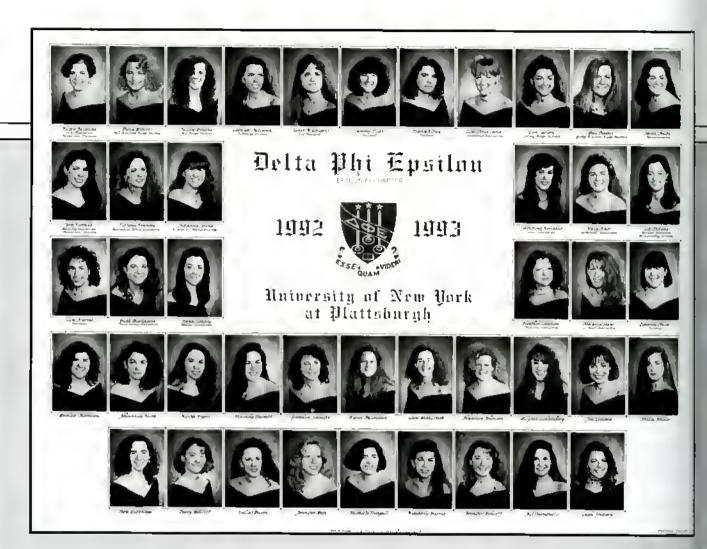




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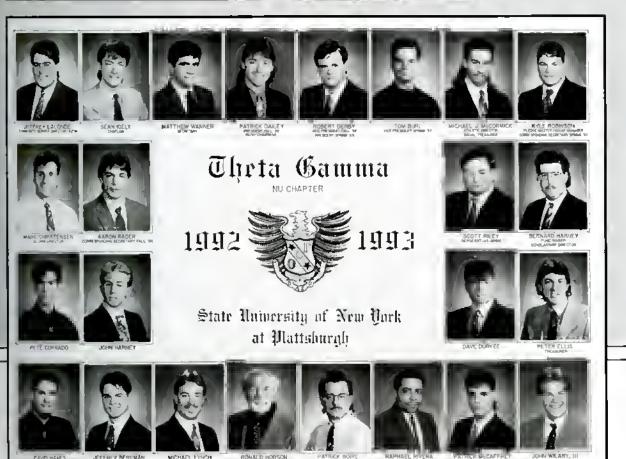






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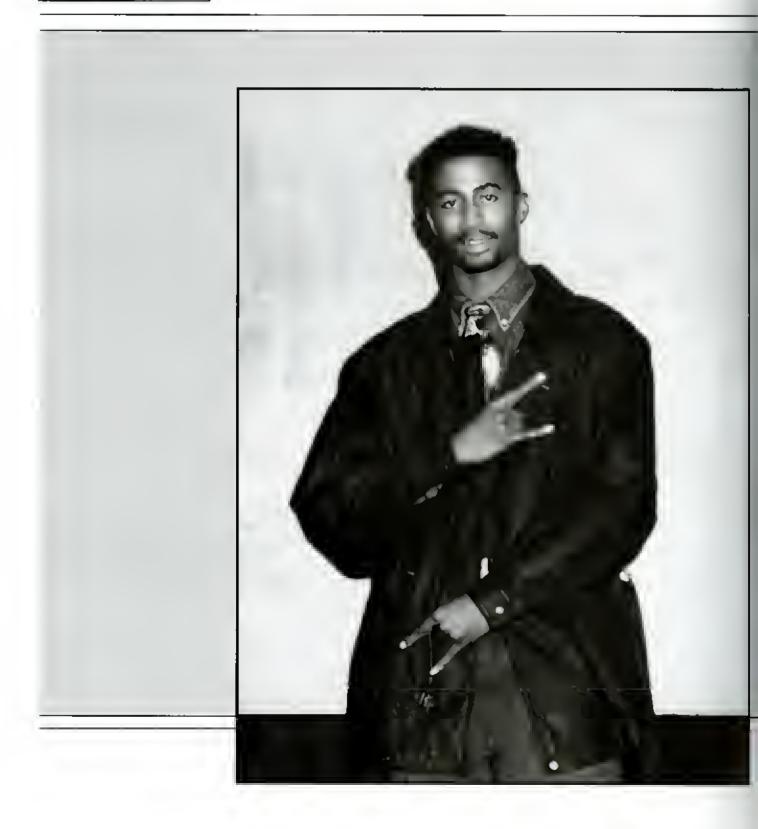


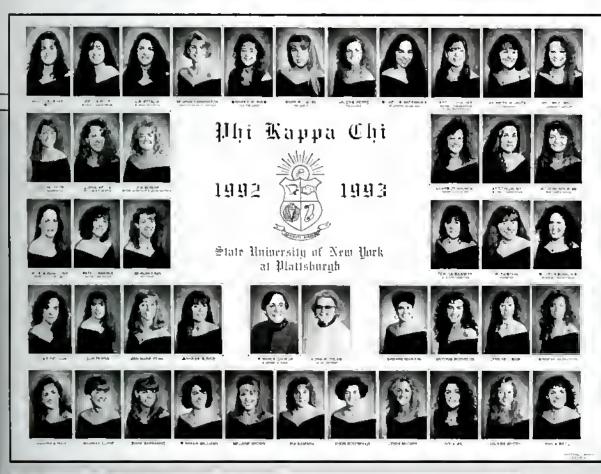






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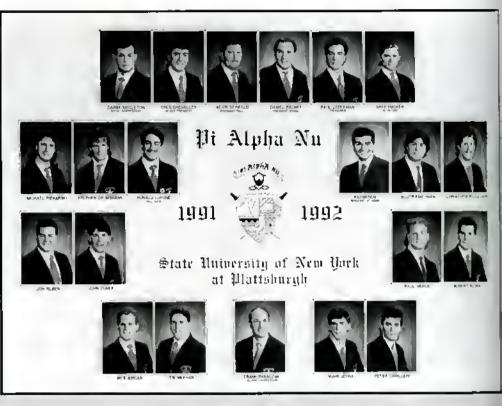




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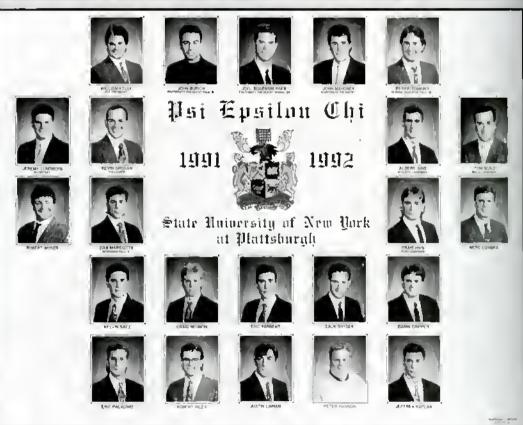
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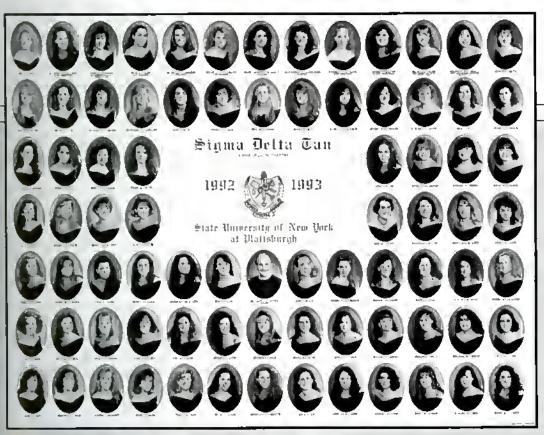
J. LACHANSKI







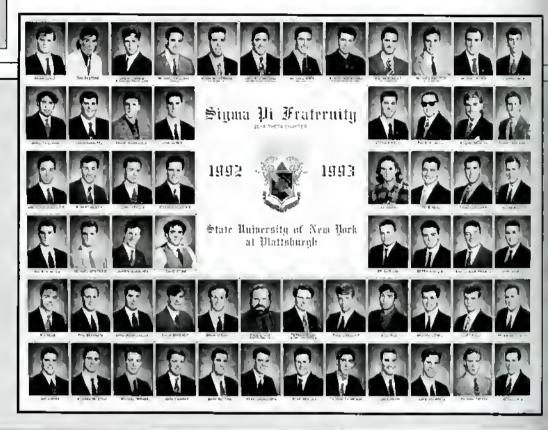








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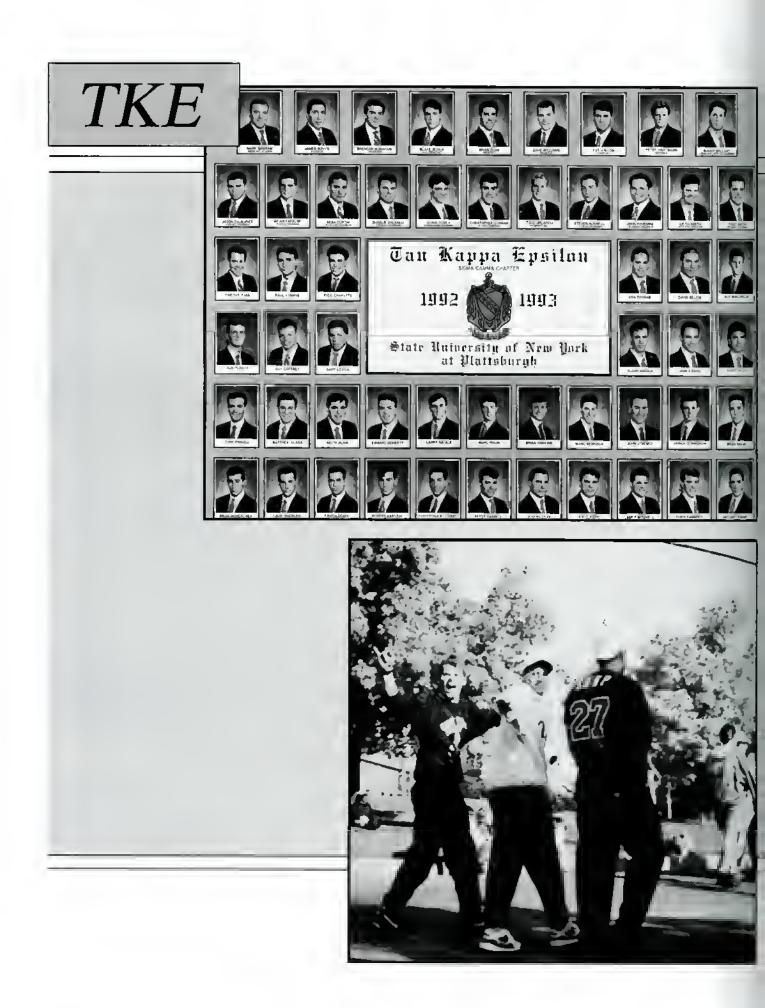






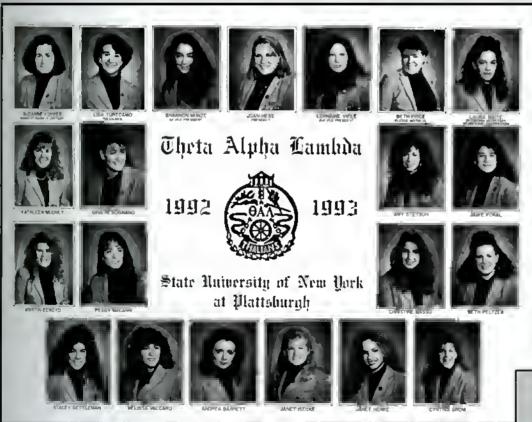


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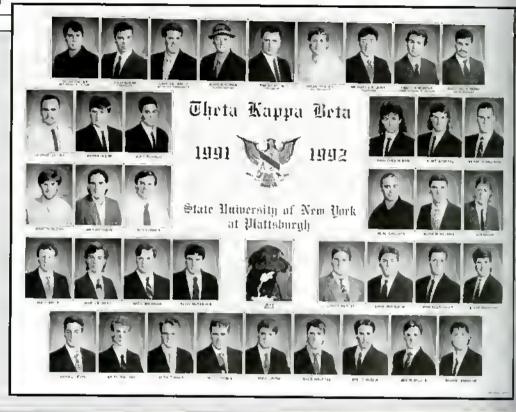
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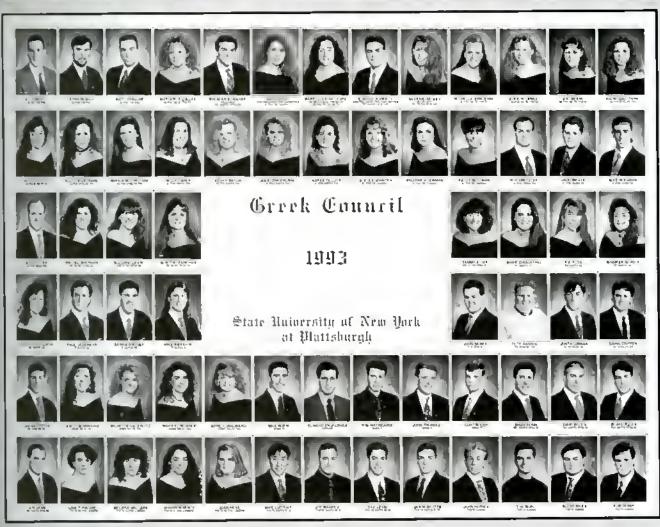
ΘKB











GREEK COUNCIL

EWSof^{*}







Top center: "The handshake of peace." President Clinton, who guided Arafat and Rabin toward their historic handshake, called it a "great occasion of history and hope.".

Bottom Left: "Reinventing Government" Flanked by forklifts carrying reams of government rules and regulations, President

Clinton and Vice President Gore outlined plans to cut, consolidate and reshape the federal bureaucracy.

Bottom Right: "The times are changing." Ruth Bader Ginsburg in 1993 became the second woman to sit on the United States Supreme Court.







All photos by Associated Press



Top & bottom left: The United Nations fight to feed Somalia.

Top & bottom right: "Civil War in Bosnia." The civil war in what was once Yugoslavia moved through its second year at terrible human costs: as many as 200,000 people were dead or missing, including 10 United nations relief workers who had died by October.











Top left: "Cold Wave." Does this look familar? Arctic air with wind chills up to 74 below zero swept across the eastern U.S. in the wake of a blizzard that dumped enough snow to paralyze several states.

Middle & bottom left: It was the biggest, wettest story of the summer. The floods that washed across the midwest may have been the worst in American history, and they captured the concern of people across the nation.

Top right: "California Earthquake." On January 17,1994, an earthquake of 6.6 magnitude struck Southern California, claiming 61 lives and leaving damage that may total \$30 billion.

Bottom right: An Amtrak train hurtled off a bridge into an inky bayou in Saraland, Alabama, on Sept. 22, 1993.



Left: "Seinfeld," which features the comic misadventures of the New York comedian and his friends, was named the best comedy series of 1993.

Right: Arrested Development won the MTV Video Music Award for the best rap video, "People Everyday," and the Grammy Award for "newcomer of the year." The hip-hop group also won some attention with a message to black Americans: spend more time and money expressing your African heritage.



All photos by Associated Press



Left: At the 10th Annual MTV Video Music Awards on Sept. 2, 1993, at Universal City, Ca, Nirvana's "In Bloom" won the trophy for best alternative video.

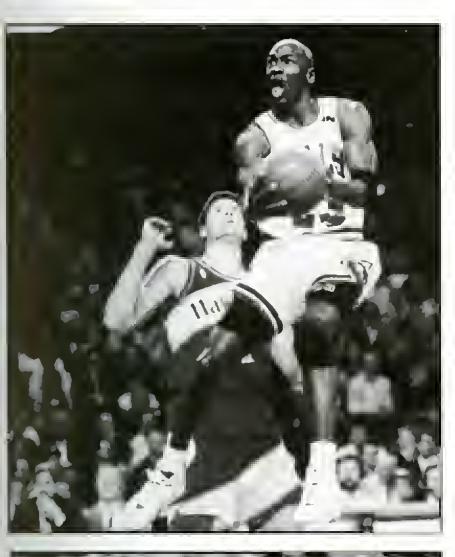
SPORTS

Right: Nancy Kerrigan, the 22-year-old U.S. figure skater who was among the gold metal favorites at the 1994 Winter Olympics, was attacked after practice on January 6, 1994, by a man who hit her on the right leg with a club or metal bar.

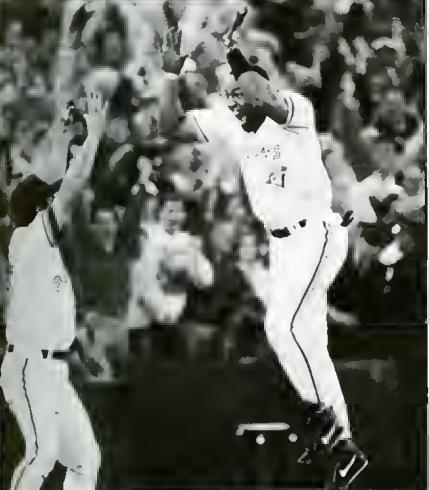
Below: The Dallas Cowboys won their second straight National Football League championship and the Buffalo Bills earned a sadder spot in spots history by losing their fourth straight Super Bowl.







Left: Michael Jordan announced his retirement at a news conference on Oct. 6, 1993, stripping the league of its most recognizable name and robbing it of a breathtaking acrobat who led the NBA in scoring the last seven years.



Right: "World Series." It was one of the mostdramatic home runs in the long history of the World Series. Joe Carter of the Toronto Blue Jays stepped to the plate in the ninth inning of the sixth game of the series, with two runners on base and the score 6-5 in favor of the Philadelphia Plillies.

All photos by Associated Press

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FINE ARTS

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ANN REED





CARDINALITE SINGERS





SAMITE



Students and local community members all brought their favorite percussion instruments to the Angell College Center Blue Room Friday, February 4, to join in with the many harmonies of one man - Samite of Uganda.

Samite played background music to accompany his songs, which were about things such as an Indian chief whom the British were teaching to talk.

Instruments were played by all of the audience members. Samite played various flutes and wooden blocks with bicycle spokes while the audience was beating on pots and tom-tom drums.

By the end of Samite's performance, the entire audience was dancing in the aisles, singing and chanting songs and holding a steady beat with their percussion instruments.

This Ugandan performer was a definite success, with stories being told, songs being sung and the entire audience going nutty!

- Stephanie Ottavan





HERE'S TO OUR ART STUDENTS







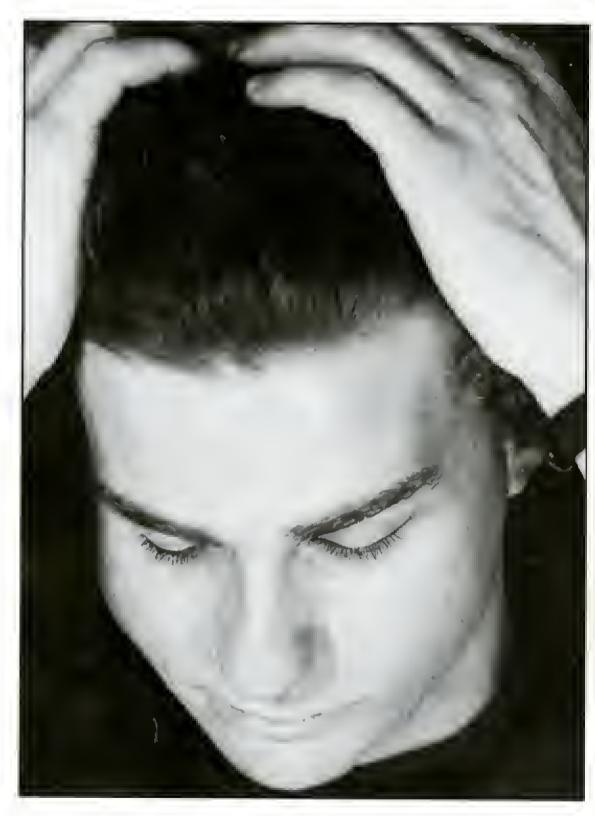








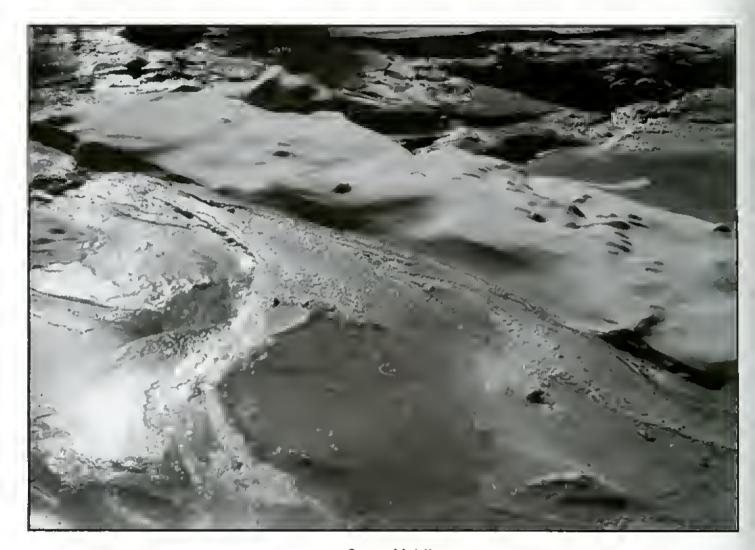




Jeannine Lam First Place

And i held Her hand peering down from the ceiling with a million eyes She was whole for the first time. so many pieces composed Her earthly beauty She was once as young and invincible as i now believe myself to be had to be twisted and wrung a thousand fold before a solitary tear would cleanse a path down the veil covering Her clenched jaw burning scarring for all to know such strength to keep buoyed above it all but She is only temporary we are all just temporary And i feel the last tick of Her vein tap against my trembling fingers and i sit holding the hand uselessly cursing time forgetting to say goodbye

Chris Nelson First Place



Samy Habib Second Place

RELIABLE

He is a taut, long-bow
In the single bed.
His iron-tipped, sharp eyes point
At the bedroom door,
At the digital clock on his dresser (II:42pm).
Darkness, a cavern, surrounds him.
His left arm circles over and across
Younger brother's (the fearful one's) stomach.

I am protector, soldier, warrior, ninja. These things he thinks As his right hand clenches hammer Or knife Or nunachakus Under his thin pillow.

I am strong, brave, courageous, deadly.
These things he tells himself
As he hears a June bug clunk into the window at high speed,
Or the old, bristly man next door cough and hack
Then stop strangely, suddenly,
Or the fat, sweating man across the hall
Call his large-breasted girlfriend, "Sutpid bitch,"
And slap her, twice

But Mom is home now (2:17am). She flips on the hall light, Throws open the bedroom door, Cha-cha's in, sometimes fox trots. She carries a smoke scent, happily, Like she would groceries. Her breath is sweet smelling, Like peaches, sometimes peppermint, As she lipsticks his forehead With her bright, red smile. She burbles that he is a good boy, That she loves him, That she will stay home tomorrow night. These things he doesn't think about. He goes to sleep.

Tomorrow,
The alarm will go off (6:30am).
He will wake his brother,
Dress him,
Fix him cereal, toast, milk.
Then quick (Hurry!) do the dishes
Before peeking in at Mom,
A snoring mass under the yellow, white sheet.
He will walk his brother to school
Then turn towards the Junior High,
Five blocks, the other way.

Marie R. Boudreau Second Place

<u>Home</u> A giggle in the mind is worth three in reality. Sometimes I feel so passively resigned to a life Where drugs are a reflex and television is a lifestyle Food is consumed when easily presented and desires and regrets are left to nocturnal pillow - thoughts Potato chips and talk show hosts whisper lost realizations of a world passing by and I wonder offhandedly casually why Į don't care.

Chris Nelson Third Place



Jeannine Lam Third Place

A day without time As a high, timid tree sways against the breeze,

the bold and powerful sun peers down from in between the leaves.

As a statue passes by...

one can see the nature in his eye.

Colors and pictures drawn the worlds of widsom far and beyond, although not really seen by the naked eye...

The one who doesn't want to see,

has come alive.

How marvelous and unique the natural things are

The point of you and me...

and the way we are.

The bondage of love like the tree

and the sun.

Together helping each other together as one...

That is how it should be done.

Those pictures of scenes saw by the world,

that is within our little world...

Of mazes and wonders between us we share,

Love is there.

Love is the nature of life.

Nature is the love of us.

All mixed up and crazy sometimes...

but the funny thing is... our love combines.

As one like the tree and one like the sun...

Not really together all of the time, apart in our own lives...

but together as one.

Laura Eichorn Honorable Mention



Samy Habib Honorable Mention



James Fernandez Honorable Mention

As he pushed her back, the grass crouched beneath her.
And she wimpered like the family dog lying in rubble and grit, after the scream of tires, its hair matted with slippery red.
No, scratched at her throat, her lungs; it screamed in her groin.

Later, intelligent men sat around a polished oak table which shined in the glare of the harsh overhead lights. Pens poised in manicures fingers, they worked to decipher the who's, the what's, and where's, and asked one another, Did she want it?

Stacey Hudecek Honorable Mention

The Three Motherlands

From this Motherland comes my brotherman:
Tall, extremely darkand very muscular
of ancient tribes and living jungular,
chatting harmonious hymes and beating the congo
teaching the children of times and even the longo,
so long ago that the waters didn't part the land
and every man from this land is a brotherman.

From this Motherland comes my brotherman:
Average height, reddish-brown and jet black hair of resourced soils and cultural-air, all sorts of wine drinking and smoking peace pipes scientific thinking and wearind silk dripes, draped all over their bodies like water over land and every man from this land is a brotherman.

From this Motherland comes my brotherman:
Short, extremely light and eyes that slanted
of dynastics and teaching that never said, "can'ted",
playing on kyotos as heads nod and knowledge of self
passing on rituals of their god and family wrealth,
a real wealth that would pay the waters to bring abok the land
and every man from this land is a brotherman.

Frome these three Motherlands come our brothers man:
Currently scattered about the Carribean and the Americans, even in the Arctics living a cold hysteria somehow loosing their:
knowledge, unity, customs, culture and area our brothers are blinded growing weary and wearier.
Until we can come together and understand that we are the Original people of the Motherland.

Understanding Somebody Honorable Mention



Cris Marchitelli Honorable Mention



Ш

CLUBS & OF

>

GANIZATIONS

EL PUEBLO

M. Villanova, A. Yaeger, J. Flores, M. Gonzalez, Y. Pena, U. Somerby, J. Jimenez, R. Riley, A. Hamlett, H. Robles, L. Patrice, M. Roseberry, U. Johnson, Mira, G. Morales, J. Villacis, M. Ontega, J. Singleton, A. Vella, C. Miranda, K. Johnson, V. Castillo.



ADIRONDACK EXPERIENCE CLUB

Ist Row: D. Lent, N. Andrews, B. Wemple. 2nd Row: C. DeRoberts, M. Berstein.



CIRCLE K



Ist Row: M.
Pensiero, W. Lin,
H. Thomson, S.
Mann, L. Johnson.
2nd Row: C.
Plante, C. Mead,
K. Lewis, R.
Parmelee, K.
Joeschke, S. Ferrer.
3rd Row: L. Kelly,
S. Hahn, S. Weise,
T. O'Brien. 4th
Row: D. Nathan,
P. Guibord, L.
Ryan.

International Business Club

Ist Row: T.
Schickle, K.
Gurev, M. Decker,
M. Malach, J.
Mullen. 2nd
Row: B. Speary, J.
Francis, M.
Paszton, J. Wong,
A. Talaoa, M.
Long.



WPLT



1st Row: N. O'Brien, K. McEvoy, J. Gloroiso, K. Diaz, J. Eckhaus, J. Walsh, A. Ligay, L. Pugh, M. Abrams. 2nd Row: J. Powers, C. Zoll, D. Khan, M. Schwartz, D. Turner, J. Keller, S. Kanaly, G. Kuehn, B. McDonald, E. Engelbride. 3rd Row: S. Florestal.



L.G.B.A.

Ist Row: J. Perry. 2nd Row: K. Metz. 3rd Row: K. Branagan, B. Shurr.

CENTER FOR WOMEN'S CONCERN

Ist Row: M.
Lynch, C. Salicrue,
M. Pawkett, L.
Kahn. 2nd Row:
M. Maki, Z.
Izraelian, K.
Quintana, C.
Daddio, M. Brown,
R. Nodeau.



SNAPS

B. Passino, B. Hubbell, I. Gonzalo, M. Baker,R. Crone.



CARDINAL POINTS



Ist Row: G.Duffy,
C. Garland, J. Shea,
S. Sass, T.
Loughran. 2nd
Row: D. Ferrer, K.
Pultorak, L. Kahn,
S. Bookman, K.
McEvoy, S. Munze.
3rd Row: J.
Newton, C. Snyder,
A. Skarbinski, A.
Witko, L. Schwartz,
P. Mazzone, J.
Navarra, L. Kaplan,
A. Phelan, J. Burke.

GOSPEL CHOIR

Ist Row: A. Kay, M. Noble.



ADULT STUDENT GROUP



Ist Row: B.
Wemple, K.
Quintana. 2nd
Row: M. Loach,
C. Johnson, C.
Deming.



UNION OF CONCERNED STUDENTS

K. Branagan, B. Branagan, B. Shurr.

I. C. V. F.

Ist Row: S.
Magrath, N.
Eisinger, O. Kelso.
2nd Row: L.
Martin, G. Brown,
K. Collene, K.
Crandall, G.
Kalhorn, D.
LaRose.



C.E.C.

K. Colins, E. Powers, S. Poserins, M. Bailey.



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S. Robertson, K. Julian, J. Menael, E. Merges, C. Johnson, W. Wemple, E. Rivers.

HANDS

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Hodge, S. Salzman,
L. Cdameo, J.
Johnson, S. Ortiz,
R. Patti, S.
Gugluizza. 2nd
Row: J. Arnold, J.
Oliver, L. Fazio, P.
DiMicelli, B.
Wilson, E.
McInnis, B. selig,
R. Brehse.



NEWMAN ASSOCIATION



G. Walcott, B. Merges, T. Pilc, J. Stanely, Fr. J. Kennehan.



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J. Hulsbers, R. Levine, A. Burke, J. Johnson.

HOOD HALL

U. Johnson, M. Garcia, H. Norton, J. Lardo, M.Mayes.



ADIRONDACK
HALL

T.Wallen, T. Mukhopadhyay, S. Holbrook, V. Williams, S. Smith.



DERENBURGH HALL



A. Nickerson, T. Jackson, G. Jadwin, R.Skyon, K. DeWitt, J. Comeau, S. Rumfield, E. Leone.



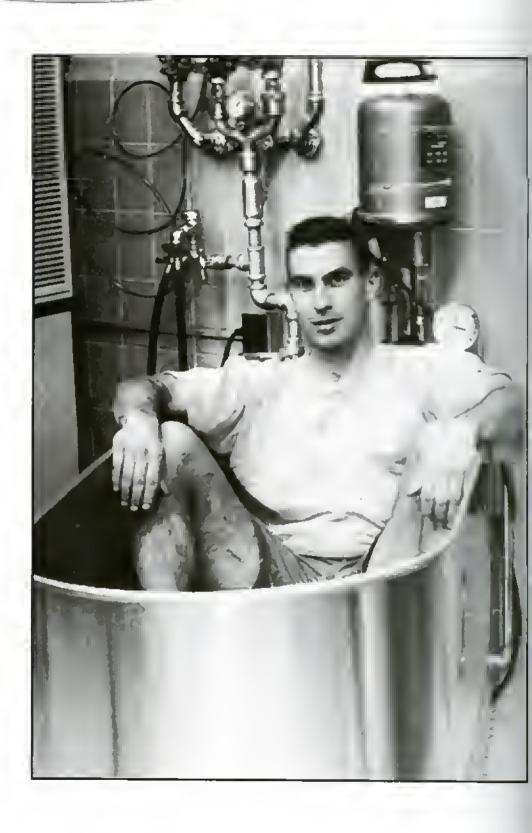
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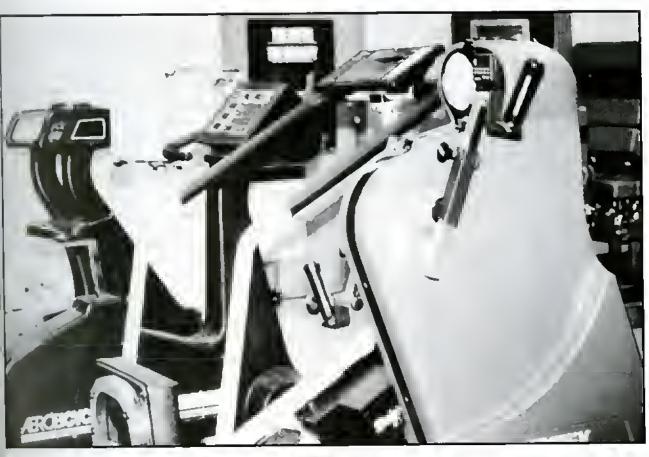
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ATHLETICS



ATHLETIC TRAINING CENTER









CHEERLEADERS



KICKLINE





Outdoor Track





CARDINAL 1994 179

KING OF THE COURT

Looking back at the 93-94 men's varsity basketball season, I guess the best way to describe it would be a learning experience. The team consisted of mostly new players or players with very little experience. The players and the coaching staff knew it would take some time to learn the system and generate the team chemistry needed to tackle the tuff SUNYAC schedule. Each game afforded the players an opportunity to become more and more comfortable with each other. As the season progressed, it was very evident from the teams performance that there was definitely "light at the end of the tunnel".

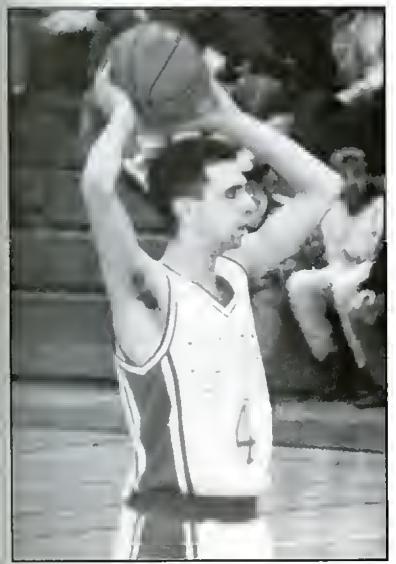
Sports fans can be very critical, especially when you are not producing victories, but what the school and sports community didn't see was the determination, dedication, and hard work exhibited each day by the players and coaching staff. The 93-94 season was moire than basketball, it was about community programs coordinated by the coaching staff. It was about going into elementary schools and encouraging kids to stay motivated and talking to them about the dangers of drugs. It was about spending a half-day at the Adirondack Youth Facility and talking to young juve-



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BLAIR & WEBBER PHOTOGRAPHY - NEAL KEACH



niles and telling them it's not to late to change their direction in life. It was about basketball clinics at the Y.M.C.A. and having those kids respect you enough to ask you for your autograph.

If you judge a team simply on wins and losses you might believe the Plattsburgh team had a terrible season, but even though we had very few victories on the court, we had major victories at home, right here in the Plattsburgh communit. - Elijah Wells







		5CO	RE
DATE	OPPONENT	OWN	OPP
11/19	U. of New Engl.	61	47
11/20	Binghamton	65	86
12/03	New Paltz	56	63
12/04	Oneonta	61	60
12/07	Potsdam	63	74
12/10	Cortland	70	96
12/11	Binghamton	59	82
01/08	Stoney Brook	59	62
01/10	New York Univ.	54	100
01/14	Buffalo State	57	78
01/15	fredonia	76	84
01/18	St. Lawrence	80	65
01/21	New Paltz	86	88
01/22	Oneonta	60	63
01/25	Albany	62	86
01/28	Brockport	73	83
01/29	Geneseo	61	79
02/04	Cortland	69	93
02/05	Binghamton	52	58
02/08	Clarkson	70	69
02/11	Utica/Rome	7l	68
02/12	Oswego	65	74
02/15	Potsdam	87	79
02/19	Castleton	71	84

LADY DRIBBLERS (?)

The 1993-94 Plattsburgh State women's basketball team finished their season with an overall record of six wins and 18 losses. Their SUNYAC record, which placed them in 6th place, consisted of four wins and 12 losses. Phoebe Sturm, head coach of the Lady Cardinals finished her 19th year of coaching at Plattsburgh State.

Two newcomers, center Meegan Wood and point guard Suzy Paiser, had a big impact on the court for the Cardinals. Wood was the team's most consistent performer, scoring double figures in 12 of their 18 games. Paiser's contribution to the team's success can be measured by the Cardinals' record when she was in the line-up. Five of the six wins came with Paiser in the lineup. Despite missing 10 games to injuries, Paiser finished as the team's leading playmaker with 41 assists. In



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E. MICHEELS



		SCORE
DATE	OPPONENT	OWN OPP
11/20	Johnson State	59 36
11/30	Lyndon State	50 55
12/03	New Paltz	46 50
12/04	Oneonta	47 54
12/07	Potsdam	51 78
12/10	Cortland	70 57
12/11	Binghamton	34 49
01/08	Union	60 71
01/11	Skidmore	44 71
01/14	Buffalo State	43 73
01/15	Fredonia	47 49
01/18	St. Lawrence	51 56
01/21	New Paltz	59 37
01/22	Oneonta	50 56
01/25	Albany	38 68
01/28	Brockport	55 51
01/29	Geneseo	36 92
02/04	Cortland	44 65
02/05	Binghamton	36 74
02/08	Clarkson	45 79
02/11	Utica/Rome	53 55
02/12	Oswego	80 52
02/15	Potsdam	63 70
02/19	Castleton	65 60

her first games as a Cardinal, Paiser led the Cardinals to their first victory over Cortland State. Kristy Sprague was another impressive Lady Cardinal, since she lead all players with a total of 294 points for the season.

These ladies should be commended for their dedication and ability. We look forward to seeing them next season.

-Karen DeWitt







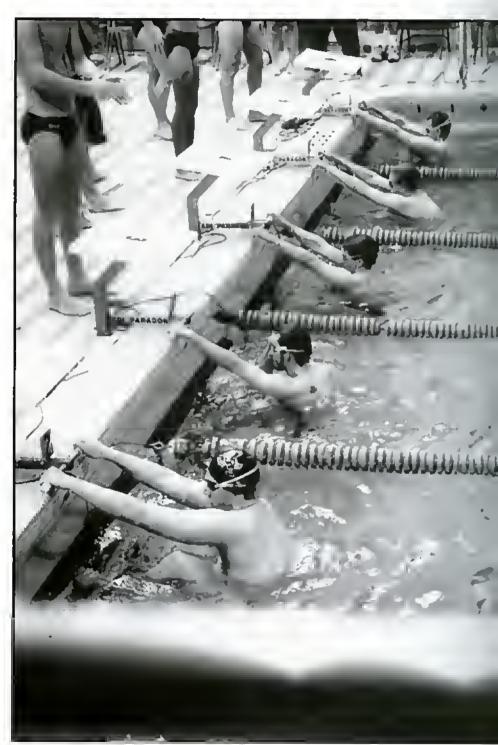


MAN THE TORPEDOS!

The 1993-1994 Plattsburgh State men's and women's swimming and diving team enjoyed a year of strong improvments. The biggest improvement in this year's squad came in the women's freestyle and breast stroke events. Two of the Cardinals top preformers in these events. Julie DAndrow and Jen-Gallo, turned in good times at the SUNYAC Championships, placing 12th in the 500 Free and the 100 Breast respectively. Dandrow led the way all season with wins in 8 of the 9 meets.

Senior diver Bill Wrinkle finished his Cardinal diveing career on a positive note, placing 5th in both the I meter and 3 meter diving events at the SUNYAC Championships. Bruce McGlaughlin had a good first season with the Cardinals, winning races in 5 of 9 meets.

Overall, Coach Shinn was pleased with the strong sense of team unity and competitiveness. He hopes to improve on the team's endurance and feels that next season, there will be a very promising strong foundation to do so.



ALL PHOTS BY T. LATIMOR



B. MICHEELS



LEAPS AND BOUNDS and...

The 1994 Indoor Track season was highlighted by junior Jennifer Wiseman's All-American performance. Wiseman, also the state and SUNYAC champion, earned that honor by placing 5th in the 800 meter run at the NCAA Indoor Track & Field Championships held in Oshkosh, Wisconsin. Other season highlights included a school record in the 1600 meter relay. The team of Amy Nutt, Lori Czerw, Karen Shawdestin, and Wiseman lowered the school standard in that event to 4:13.46.



ALL PHOTOS BY D. HOLLAND



B. MICHEELS



DATE	OPPONENT	RANKING
01/22	Cardinal Classic	2nd of 6
01/29	Norwich Classic	1st of 3
02/05	St. Lawrence	1st of 4
02/12	St. Lawrence	3rd of 3
02/19	SUNYAC	7th of 7
02/25-26	NYSWCAA	11th of 17
03/06-07	ECAC	22nd of 40

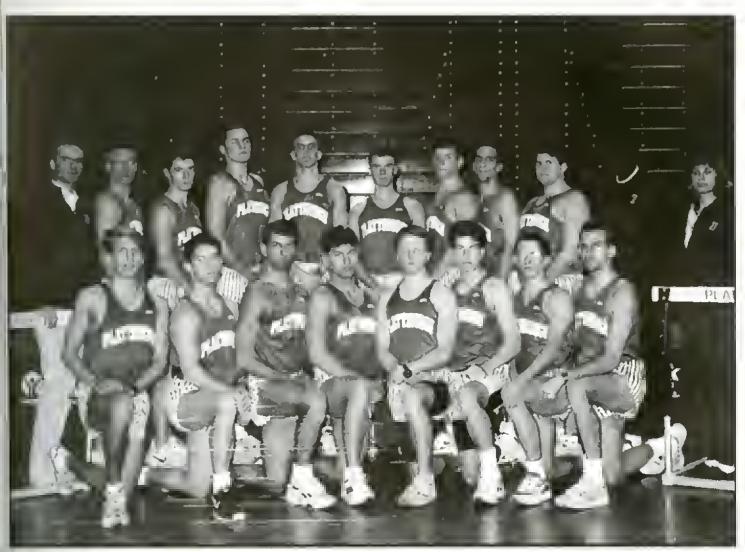
... SQUEAKS AND BUMPS

The men's program continues to improve. Led by junior Tom Ouellette's school record in the \$000 meter run, the men scored in 7 events at the New York State Indoor Track & Field Championships more place finishers than the team has had in numerous years. Andy Kirk, Dan Derkowski, Jay Rose, and Stephen Wefer — all freshmen — also scored for the Cardinals at the State Meet, as well as the 1600 meter and distance medley relays.

Coach Scott Slade is optimistic about the future, as both teams return their entire squads for the 199S season.



ALL PHOTOS BY D. HOLLA



B. MICHEELS

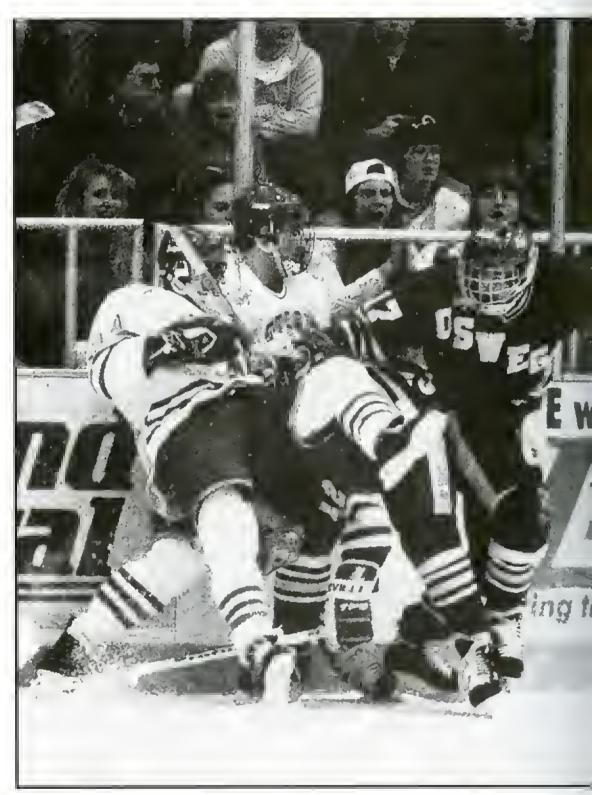


DATE	OPPONENT	RANKING
01/22	Cardinal Classic	4th of 6
01/29	Norwich Classic	lst of 3
02/05	St. Lawrence	3rd of 4
02/12	St. Lawrence	3rd of 3
02/19	SUNYAC	5th of 7
03/05-06	NYSCT&FA	lith of 14

SLAP SHOT

With nine veterans returning from the 1991/92 National Championship team, expectations for the 1993/94 season were very high. The returning seniors were Mike "GOOSE" Mondello, Larry "PAUL A" Zinger, Brian "Dirt" Levesque, Lenny "BIG STICK" Periera, Chris "YOU THE MAN" Fess, and Andre "CRAZY LEGS" Cleghorn, The Cards opened up their season on with strong performances at the R.I.T. Invitational and also the Pepsi Cardinal Classic. The Cards defeated the just recently crown 1994 National Champions UW-Rivers Falls 9-3 in the tourney finals. The season as a whole though, was filled with ups and downs. The upcoming road for the Cards was that of a bumpy one with some unexpected losses. With a couple of last minute overtime losses to Elmira College, as well as an unexpected loss to Oswego, and Mercyhurst the Cards found themselves behind the surprising Fredonia State Blue Devils in conference play.

Although the team was breaking in a core of freshmen defensemen, the highly potent offence lead by "BIG STICK" Periera, "YOU THE MAN" Fess and Chris "PLAYBOY" Tschupp held it's own. However, it was not enough to overcome the equally high powered



offence of the eventually SUNYAC Champions Fredonia State. The Cards for the first time in four years would not be repeating as Regular Season SUNYAC Champions or

being able to host the SUNYAC Playoff Champions. The Dirt Devils of Fredonia went on to beat Plattsburgh in the SUNYAC Funals 6-5, and 6-3. But enough about this disap-

pointing turn of events. Let's talk about some of this years highlights.

Team Co-Captain "BIG STICK" Periera was voted 1st Team All-American for





the second straight year, an amazing accomplishment in any league. Periera also tallied his 100th goal as a Cardinal late in the season against Brockport State. Lenny was also voted to the 2nd Annual Senior Shrine All-Star Game. "YOU THE MAN" Fess was voted Second Team ALL SUNYAC, and was an Alternate for the Shrine game. Fess also lead the team in assists with 29 helpers.

Looking towards next season the Cards should be in good shape as the defence will have a years experience. While looking to improve on the still impressive record of 19-9-2, seniors John "MARBLES" Wells, Steve "MEAT" Moore, and Ryan "McKENZIE" Reid will be

looked apon to anchor the Cards as they look to return to the Final Four. Iunior netminder William "STALLION" Sammartino will be depended apon to also help lead the Cards.

ICE CHIPS.... YEAR-END AWARDS... Freshman D.I. "CAGE WOMAN" MacPhail won the 1st Annual Rick Strack Fishing Derby and the Sunday Night Secret Shopper Award. "PAUL A" Zinger get the Comeback player of the Year Award, after disappearing all first semester. Rumour has it he was somewhere in BERMUDA... Scott " GIVE ME A" Haller was awarded the Quote of the Year Award, which was " He must have been a good citizen"....We want to also give "PLAYBOY" Tschupp a B+ for his strong performance Upstairs at CLUB 10....Finally as we look to end this season of intrigue we can only summarize it as being "Nothing but a chicken wing on a string".... special thanks goes out to the states of Kentucky, Illinois, Virginia, Missouri and Hot Atlanta.









BLAIR & WEBER PHOTOGRAPHY NEAL KEACH

DATE	OPPONENT	PSUC	OPP
10/29	U. of Waterloo	9	3
10730	R. 1. T.	2	5
11/05	Concordia	6	2
11/06	UM River Falls	9	4
11/12	SUNY Brockport	12	0
11/13	SUNY Fredonia	4	4 (OT)
11/19	SUNY Oswego	4	5
11/20	SUNY Geneseo	10	2
11/27	Mercyhurst	3	9
11/28	Buffalo State	4	4 (OT)
12/03	Hobart	13	1
12/04	Cortland	6	3
12/11	Colby	8	1
01/08	New England Col.	9	1
01/14	Elmira	4	5 (OT)
01/15	R. ,T.	8	7 (OT)
01/18	Potsdam	7	1
01/22	Canisius	6	5
01/28	Fredonia	2	5
01/29	Brockport	8	1
02/04	Geneseo	6	i
02/05	Oswego	5	2
02/1	Cortland	6	3
02/12	Elmira	3	4 (OT)
02/19	Potsdam	7	3
02/25	Oswego	7	1
02/26	Oswego	3	7
02/26	Oswego	1	0 (OT)
03/04	Fredonia	5	6
03/05	Fredonia	3	6









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Lori A. Abbott Lake Placid, NY Marketing



Meredith L. Abrams Frankfort, NY Mass Communications



Darren W. Adamchak Syosset, NY Accounting



Jeanne M. Adamec Carmel, NY International Business



Marsha Amchir White Plains, NY International Business



John Andren Plattsburgh, NY Marketing



Kerry L. Anton Allendale, NJ Poli. Sci./Philosophy



Robert D. Arnold Bellport, NY Biochemistry



Aleza R. Aron-Bayof Melville, NY Psychology



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Tricla A. Ashline Rouses Point, NY Marketing







Heather E. Austin White Plains, NY Marketing



Daniel H. Axman Coram, NY Business Management



Tammy J. Babln Blue Point, NY Elementary Education



David K. Backus Acton, MA Canadian Studies



Phillip T. Badentscher Endicott, NY Mass Communication



Jamel E. Badrleh Flushing, NY English



Aura J. Baker Niskayuna, NY Mathematics



Melanie P. Baker Hoosick Falls, NY Nursing



Susan Baker Plattsburgh, NY Health Education



Jennifer E. Barbell Plattsburgh, NY Elementary Education



Michael Barresl Wappingers Falls, NY Accounting



Shirani Barrett Plattsburgh, NY



Liza Bauer Monroe, NY Mass Communications



Nicole B. Bauerle Pleasant Valley, NY Psychology



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Kelll L. Bertman New City, NY Mass Communications



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Brian P. Beyersdorf Huntington, NY Business Management



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Kristin M. Black Elmira, NY Special Education



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Darcy L. Blals Ticonderoga, NY Sociology



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Sonny Ballart Amsterdam, NY Business Management



Michele L. Bonadies Suffern, NY History



Kimberly Boston Brooklyn, NY Special Education



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Plattsburg, NY
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Dave C. Brainard Essex, CT English



Kristin C. Bratge Rome, NY Psychology



Kyle M. BreartonTroy, NY
Hearing & Speech



Hoiiy M. Breault Rome, NY Mathematics



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Stacy Lynn Brink Olivebridge, NY Environmental Science



Robert A. Brower E. Setawket, NY Canadian Studies



Doretha C. Brown Jamaica, NY Food/Nutrition



Jamillah B. Brown Brooklyn, NY Psychology



Carey S. Bruch Delmar, NY Psychology



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Mass Communications



Julie M. Burke Washingtonville, NY Mass Communications



Paul A. Burns Schenectady, NY Psychology



Anne E. Busher New City, NY International Business



Redford, NY
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Patrick J. Butler
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Krlsten T. Cain
Queensbury, NY
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Pamela L. Carter Homer, NY Fashion Merchandising



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Jamison E. Colburn Saratoga, NY Criminal Justice



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Jennifer M. Coleman Port Jervis, NY Marketing



Kimberly A. Collins Holbrook, NY Special Education



Jennifer J. Coolidge Chazy, NY Elementary Education



Mark F. Coolidge Jay, NY Economics



Clndy L. Cooper Schenectady, NY Marketing



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Kathy L. Cummings Holland Park, NY Child Care Management



Chales A. Dale Islip, NY Business Management



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Amy K. Daley Peru, NY Canadian Stud./Poli.Sci,



Stephanie A. Darrah Queens, NY Special Education



Lee C. Davenport Vestal, NY Psychology



Holly Jil! Davis Carmel, NY English



Jeffrey B. Davis Sherrill, NY International Business



Adam D. Deans Plattsburgh, NY Geography



Christopher R. Decker
Ballston Spa, NY
Hotel/Restaurant Man.



Patricia G. Deegan Massapequa, NY Nursing



Tricia M. Defayette West Chazy, NY Child & Family Services



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Todd T. Depole Yonkers, NY Hotel/Restaurant Man,



William M. Deutsch Smithtown, NY Psychology



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David A. Dobrich Lawyersville, NY Studio Art



Kathleen M. Dodge Plattsburgh, NY



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Marny L. Dubuque Grand Isle, VT Speech Communication



Teri E. Duffy Albany, NY Accounting



Rebecca A. Dwyer Endwell, NY Elementary Education



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Peter R. Engler Buffalo, NY Latin American Studies



Britt E. Erickson Wappingers Falls, NY Nursing



Jennifer L. Erickson Saranac, NY Psychology



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Susan A. Facenda Charlton, NY Special Education



Linda D. Fairchild North Bangor, NY Nursing



Michael P. Fay Platisburgh, NY Computer Science



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James E. Fernandez Miami, FL Speech Communication



Diane Ferraro Miller Place, NY English



Chris L. Fess Rochester, NY Speech Communication



Lance C. Flodin Brookhaven, NY History



Barbara I. Fink Valley Stream, NY Elementary Education



Tricia L. Florentino Fairport, NY Business Management



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Kristin L. Fleet Rome, NY Accounting



Bryan A. Flynn West Seneca, NY Criminal Justice



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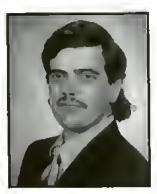
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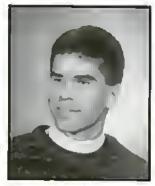
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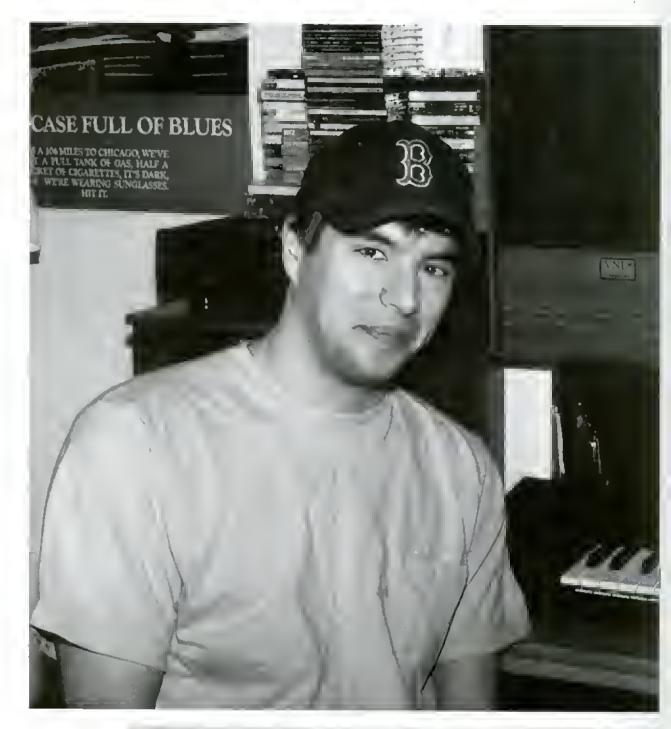
















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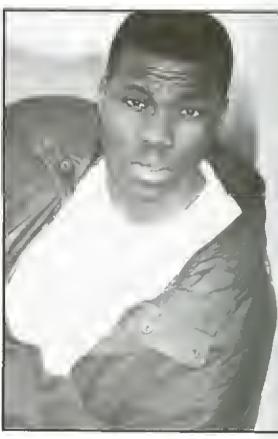
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Volume 78 of the Plattsburgh State University Cardinal Yearbook was produced by the 1993-94 yearbook staff. The 256 pages of the Cardinal were printed by Delmar Printing & Publishing in Charlotte, North Carolina.

The paper stock in the color section of the book is IOO lb. gloss enamel and the rest of the book was printed on 80 lb. dull. This year the total press run was 700 copies.

Within the book, the varnished and b/w images of leaves, pine cones and flowers are scanned modifications that the staff created using an HP Scanjet. The type style used throughout the book is Albertus. All page layouts were produced entirely on a Mac Centris and Powerbook.

Mostly all of the photos were taken by our staff except for club and senior portraits which were done by Varden Studios.

Editor-in-Chief,

Amy M. lannello





I can't believe I am FINALLY done with the yearbook and my college career. It has been a good year for the Cardinal with the staff's dedication and their teamwork. I just want to say a special thanks to them because they made my job easier. Congratulations on a job well done!! George, I hate to see it end, that is the Chinese food. You are a great publisher and the entire Cardinal staff and SUNY Plattsburgh thanks you for your patience and help. Nancy and the rest of the S.A., it has been great working with you these past few years, thank you for everything! Tania, I hope you enjoy your new position as editor I'm sure that you will do an excellent job. To all of my friends, especially you rugby players, I am going to miss you terribly, thanks for all the good memories!!!!

I would like to extend a personal apology to the entire campus for the delay of the 1994 Cardinal Yearbook. Over the summer our computer and scanner were stolen, and unfortunately for us, 70% of the not-yet-submitted book was still contained on the computer's hard drive. Well, one could surely understand that this was a very busy summer for myself, Tania, George and some other staff members, trying to reassemble the lost 1994 Yearbook. But now it is completed and I hope whomever did this, gets caught and that they realize what they have done.



Volume 78